

7

WAYS

'Camp' Camp
Will Change
Your Life!





'Camp' Camp is more than a summer camp for adults, it's a life-changing experience for many people. 75% of those who come to Camp return for another year or more.

Why is Camp SO loved by so many? It could be the opportunity to meet 200+ new LGBTQ+ friends from around the country. Maybe it's the welcoming community, the delicious food, the multitude of activities, or the serene, beautiful setting.

There are many reasons 'Camp' Camp has earned its tagline "Best Time Ever!" but for now we'll just tell you a few.

We hope you'll join us this summer and create a long list of your own favorite ones.



"Totally
fabulous. The
spirit of Camp is so
joyful and fun and
silly and accepting
all at once."

– Daphne B.,
Hamden, CT



REASON

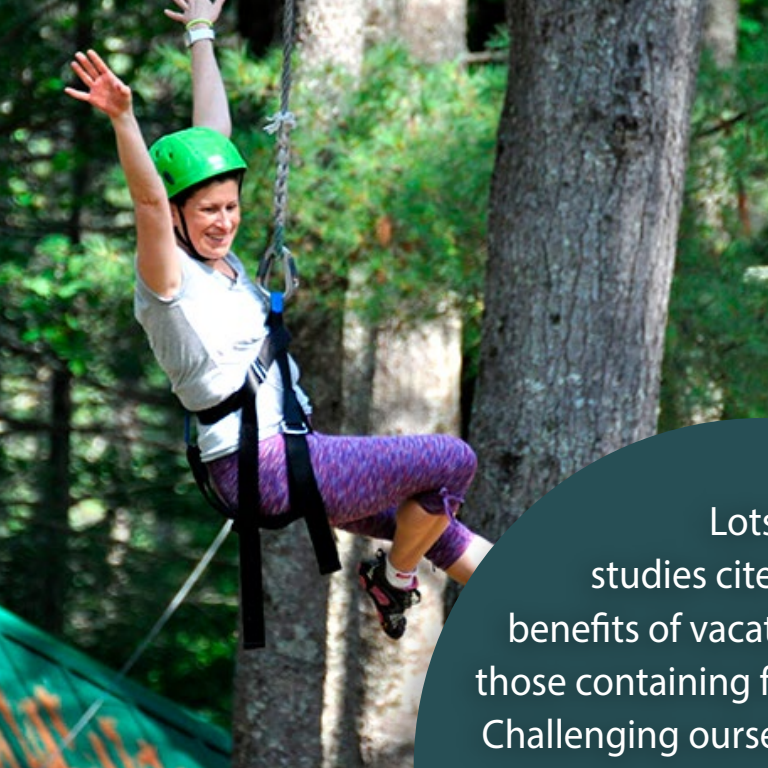
1

Vacations beat stress
& reset our perspective.

*And an 'adventure' vacation with new
challenges is the most beneficial!*



REJUVENATE



Lots of studies cite the many benefits of vacations, especially those containing fresh experiences. Challenging ourselves creates new synapses, and breaks the cycle of stress. 'Camp' Camp offers tons of opportunities to explore new interests and to play outside your usual zone!



R E A S O N

2

You'll become part of an
instant community.

*At Camp and after, you'll have a new network of
LGBTQ+ friends: around the country and online.*



C O M M U N I T Y



Whether you're
an introvert, an extrovert
or somewhere in between,
Camp brings 200+ queer people of
all ages together for new friendships
and shared experiences. Not only will
you have warm, friendly Campers all
around you, after you leave you'll
be a part of a year-round
online community!



R E A S O N

3

Be yourself freely in a safe,
accepting LGBTQ+ oasis.

*Express who you are fearlessly in a playful
environment without worry.*



S E L F - E X P R E S S I O N



Who's in there
that has been yearning to
be let out? What hidden sides of
yourself have you been timid about
expressing? At Camp we encourage
everyone to be who they truly are,
and to have the freedom to express
that in a safe, supportive space.
So let that beautiful persona
shine, and be **YOU!**



REASON

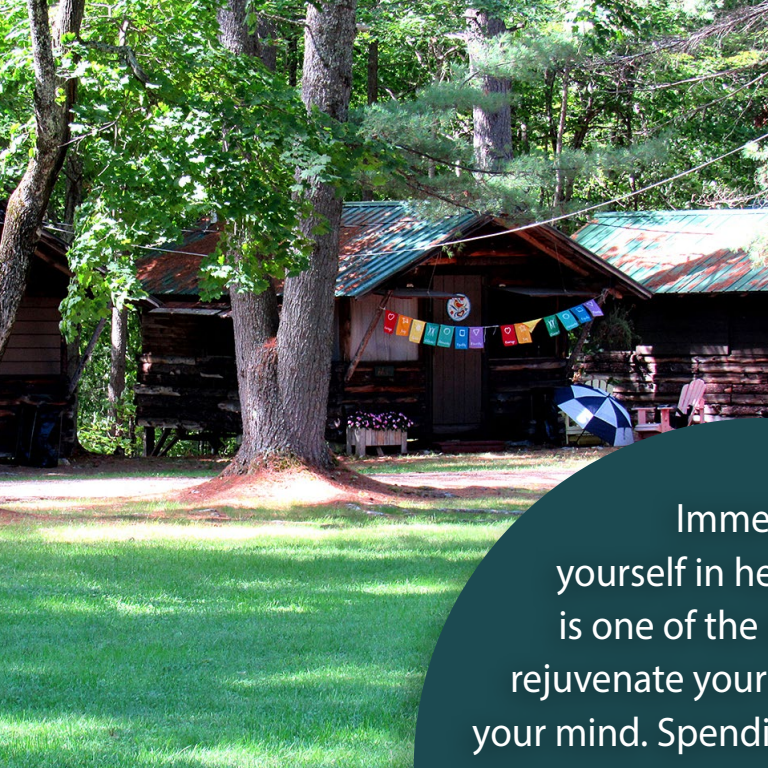
4

Recharge in nature & soak
in the pine-scented beauty

A week of fresh air, sunshine, water, and pristine nature...how could it not be good for you?!



NATURE



Immersing
yourself in healing nature
is one of the best ways to
rejuvenate your body and clear
your mind. Spending time outdoors
has so many mental and physical
health benefits, it's simply amazing.
Escape to a nature-filled world
where just *being* is taking
good care of yourself.



REASON

5

Laugh and play like a
kid again.

*There's just no way to avoid fun and laughter at
Camp, and not surprising – it's SO good for you!*



P L A Y



Reduces stress hormones and lowers blood pressure? Boosts immune cells and also antibodies? Releases endorphins? *Check, check and check.* Laughter IS the best medicine and it's waiting for you everywhere at Camp. Let go, find your funny bone again, and laugh like you haven't in years!

R E A S O N

6

Unplug & do exactly what
YOU want for an entire week

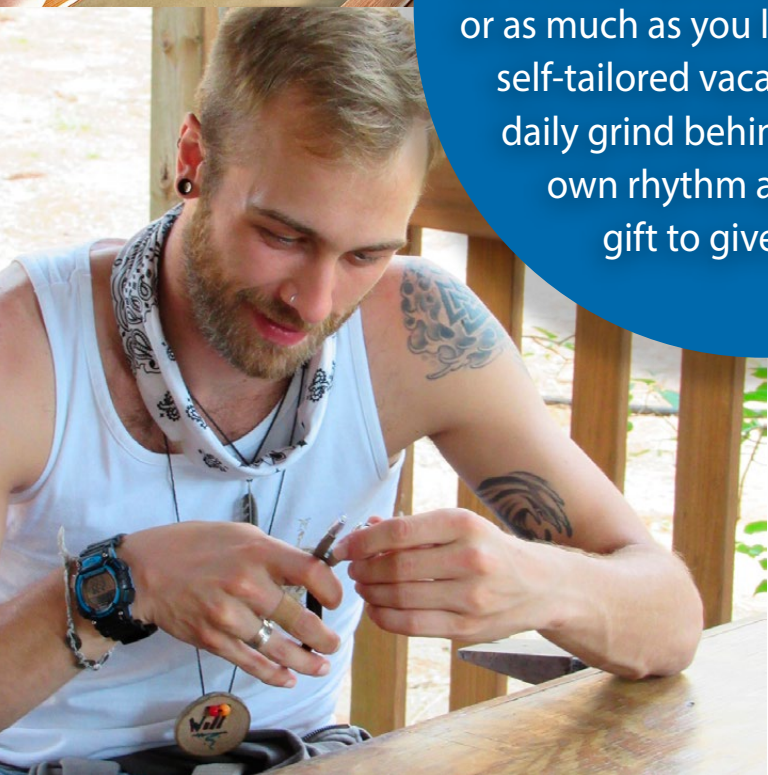
*Enjoy a week that's all yours to do a little bit of
everything or a completely relaxing nothing!*



F R E E D O M



Camp offers a great value: a ton of fun activities, delicious food, and daily social events for an affordable all-inclusive price. You can do as little or as much as you like to make a truly self-tailored vacation. Leave your daily grind behind and find your own rhythm again. A great gift to give yourself!



R E A S O N

7

You'll leave Camp a changed
person in many ways

*With 200 new queer friends and a week's worth of
memories, your life will never be the same.*



G R O W T H



It might be the moving stories and the inspirational sharings. Or the sheer fun of new experiences, and the ways you challenged yourself. It could be the friendships you made, or the insights about yourself that will last a lifetime. Camp finds a place in your heart and resonates long after you've left.





A fabulous week of fun & new friends

Our all-inclusive rate includes everything you'll need for a great summer camp experience:

- **Accommodations** in communal cabins that sleep 12-18 people (gendered, non-binary, and all-gender cabins available)*
- **All meals & snacks**
- **Activities & Evening Social Events**
 - **Beer & wine** during select Evening Social Events
- **Round-trip transportation** to Camp from Maine's Portland and Augusta airports and Portland Transportation Center
 - **On-site parking**
 - **200+ new friends**

Reduced fees available through our [Staff Program](#).

[View our current rates](#)

** A limited number of private/semi-private cabins available for an additional fee*

Sports & Recreation

Volleyball

Pickleball

Tennis

Flag Football

Kickball

Capture the Wig

Fitness

Yoga

Croquet & Badminton

Bowling

Arts & Crafts

Pottery

Stained Glass

Painting & Drawing

Dance

Cross Stitch

Writing

Chainmaille

Tie-Dye

Candlemaking

Theatre

'Camp' Camp

*An All-Inclusive LGBTQ
Vacation in Gorgeous Maine*

CLICK HERE

to view current rates

Social Events

Tea Dance

Karaoke Lounge

Barn Dance

Lip-Sync Throwdown!

Talent/No Talent Show

'Camp' Camp Dance Dance

Drag Bingo

Campfires

Pajama Par-tay!

54!: A Disco Party

Outdoor Fun

Lake Swimming

Ropes Course

Climbing Wall

Hiking

Canoeing

Kayaking

Mountain Biking

Sailing

Morning Swim

Nature Ambles

PLUS MUCH MORE!

We're here to chat,
so please call us!

Find out why our Campers
have said for over 20 years
that their LGBTQ+ vacation at
Camp is the best time ever!

(347) 453-5257



Kerry Riffle,
Director



Michelle Rediker,
Associate Director



*America's Premier Summer Camp
for LGBTQ+ Adults*

(347) 453-5257

www.campcamp.com