

activities schedule & descriptions



TIME	FRIDAY, AUGUST 15	SATURDAY, AUGUST 16	SUNDAY, AUGUST 17	MONDAY, AUGUST 18	TUESDAY, AUGUST 19	WEDNESDAY, AUGUST 20
7:00-8:30	MORNING SWIM					
	YOGA: MORNING YOGA					
7:30-8:30	MEDITATION	MEDITATION	MEDITATION	MEDITATION	MEDITATION	MEDITATION

8:30-9:30

B R E A K F A S T

9:30-10:00

R A I N B O W G R O U P M E E T I N G S

10:15-12:15	OPENING CIRCLE & CAMPER GAMES	ARCHERY		ARCHERY		ARCHERY
		ART: BOOKBINDING		ART: BOOKBINDING		MANDY'S OPEN STUDIO
			ART: FIGURE DRAWING	ART: FIGURE DRAWING	ART: FIGURE DRAWING	ART: FIGURE DRAWING
		BOWLING	BOWLING	BOWLING	BOWLING	BOWLING
		CANDLEMAKING Sessions @ 10:15am & 11:15am	CANDLEMAKING Sessions @ 10:15am & 11:15am	CANDLEMAKING Sessions @ 10:15am & 11:15am	CANDLEMAKING Sessions @ 10:15am & 11:15am	CANDLEMAKING Sessions @ 10:15am & 11:15am
		COOKING: CHARCUTERIE BOARD	COOKING: BUILD A BETTER SALAD	COOKING: CHARCUTERIE BOARD	COOKING: BUILD A BETTER SALAD	COOKING: CHARCUTERIE BOARD
			CROSS STITCH	CHAINMAILLE	CROSS STITCH	
		HORSEBACK RIDING: TRAIL RIDE	HORSEBACK RIDING: TRAIL RIDE	HORSEBACK RIDING: TRAIL RIDE	HORSEBACK RIDING: TRAIL RIDE	HORSEBACK RIDING: TRAIL RIDE
		PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL
		POTTERY	POTTERY	POTTERY	POTTERY	POTTERY
	CAMP PHOTO (12:15)	ROPES COURSE: LOW ROPES CAT WALL ROCK WALL	ROPES COURSE: PAMPER POLE TOWER WALL ZIP LINE	ROPES COURSE: BURMA BRIDGE DANGLE DUO GIANT SWING	ROPES COURSE: GIANT SWING PAMPER POLE ZIP LINE	ROPES COURSE: DANGLE DUO LILY PADS ZIP LINE
		SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE
		SEWING: INTRO. TO SEWING	SEWING: INTRO. TO SEWING	SEWING: INTRO. TO SEWING	SEWING: INTRO. TO SEWING	SEWING: MARK'S OPEN STUDIO
		SPIN (until 10:45am)	SPIN (until 10:45am)	SPIN (until 10:45am)	SPIN (until 10:45am)	SPIN (until 10:45am)
		STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS
		TIE-DYE	TIE-DYE	TIE-DYE	TIE-DYE	TIE-DYE
			VOLLEYBALL CLINIC	POOL: SWIM LESSONS & WATER EXERCISES	VOLLEYBALL CLINIC	
		WATERFRONT: LAKE CRUISE		WATERFRONT: LAKE CRUISE		WATERFRONT: LAKE CRUISE
		WATERFRONT: PADDLE BEACH	WATERFRONT: PADDLE BEACH	WATERFRONT: PADDLE BEACH	WATERFRONT: PADDLE BEACH	WATERFRONT: PADDLE BEACH
		WRITING	WRITING	WRITING	WRITING	WRITING

12:30-1:30

L U N C H

1:45-3:15	ARCHERY	ARCHERY	ARCHERY	ARCHERY	ARCHERY
	CRAFTS: 'CHIPS & BAGS	ART: WATERCOLORS	ART: NEEDLE FELTING	ART: WATERCOLORS	ART: NEEDLE FELTING
	BEAUTY PARLOUR	BEAUTY PARLOUR	BEAUTY PARLOUR	BEAUTY PARLOUR	
	BOWLING	BOWLING	BOWLING	BOWLING	BOWLING
	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE
	COOKING: DATE NIGHT PERFECTION (until 5:00pm)	COOKING: THE MORNING AFTER (until 5:00pm)	COOKING: FALAFEL, GAZPACHO ...GESUNDHEIT! (until 5:00pm)	FITNESS & GYM TRAINING	COOKING: DATE NIGHT PERFECTION (until 5:00pm)
	DANCE: COUNTRY TWO-STEP & LINE DANCE	DANCE: WALTZ, RHUMBA & TANGO	DANCE: SALSA, BACHATA & MERENGUE	DANCE: LINE DANCE EXTRAVAGNAZI!	DANCE: EAST & WEST COAST SWING
	HORSEBACK RIDING: TRAIL RIDE	HORSEBACK RIDING: TRAIL RIDE	HORSEBACK RIDING: TRAIL RIDE	HORSEBACK RIDING: TRAIL RIDE	HORSEBACK RIDING: TRAIL RIDE
	KNITTING	KNITTING	KNITTING	KNITTING	KNITTING
	MEDITATION	MEDITATION	MEDITATION	MEDITATION	MEDITATION
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL
	POOL & WATERSLIDES	POOL & WATERSLIDES	POOL & WATERSLIDES	POOL & WATERSLIDES	POOL & WATERSLIDES
	POTTERY	POTTERY	POTTERY	POTTERY	POTTERY

TIME	FRIDAY, AUGUST 15	SATURDAY, AUGUST 16	SUNDAY, AUGUST 17	MONDAY, AUGUST 18	TUESDAY, AUGUST 19	WEDNESDAY, AUGUST 20
	QUILTING: SQUARES & RECTANGLES	QUILTING: SQUARES & TRIANGLES	QUILTING: LOG CABIN BLOCKS	QUILTING: FLYING GEESE	QUILTING: FINISHING & ASSEMBLY	QUILTING: FINISHING & ASSEMBLY
	ROPES COURSE: LOW ROPES	ROPES COURSE: LOW ROPES CAT WALL ROCK WALL	ROPES COURSE: PAMPER POLE TOWER WALL ZIP LINE	ROPES COURSE: BURMA BRIDGE DANGLE DUO GIANT SWING	ROPES COURSE: GIANT SWING PAMPER POLE ZIP LINE	ROPES COURSE: DANGLE DUO LILY PADS ZIP LINE
	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE
	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS
	TIE-DYE	TIE-DYE	TIE-DYE	TIE-DYE	TIE-DYE	TIE-DYE
	WATERFRONT: SWIMMING & AQUA LOUNGE	WATERFRONT: SWIMMING & AQUA LOUNGE	WATERFRONT: SWIMMING & AQUA LOUNGE	WATERFRONT: SWIMMING & AQUA LOUNGE	WATERFRONT: SWIMMING & AQUA LOUNGE	WATERFRONT: SWIMMING & AQUA LOUNGE
	WATERFRONT: PADDLE BEACH	WATERFRONT: PADDLE BEACH	WATERFRONT: PADDLE BEACH	WATERFRONT: PADDLE BEACH	WATERFRONT: PADDLE BEACH	WATERFRONT: PADDLE BEACH
	WATERSKIING: BANANA BOATS	WATERSKIING: TUBING	WATERSKIING: BANANA BOATS	WATERSKIING: TUBING	WATERSKIING: BANANA BOATS	WATERSKIING: TUBING
3:30-5:00	ARCHERY	ARCHERY	ARCHERY	ARCHERY	ARCHERY	ARCHERY
	CRAFTS: 'CHIPS & 'BAGS		ART: WATERCOLORS		ART: WATERCOLORS	ART: CLINT'S OPEN STUDIO
	COOKING (cont'd.)	COOKING (cont'd.)	COOKING (cont'd.)		COOKING (cont'd.)	COOKING (cont'd.)
	BOWLING	BOWLING	BOWLING		BOWLING	BOWLING
	BROADWAY DANCE (Part 1 of 3)		BROADWAY DANCE (Part 2 of 3)		BROADWAY DANCE (Part 3 of 3)	
	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE		CHAINMAILLE	CHAINMAILLE
	FITNESS & GYM TRAINING	FITNESS & GYM TRAINING	FITNESS & GYM TRAINING		FITNESS & GYM TRAINING	FITNESS & GYM TRAINING
	HORSEBACK RIDING: HORSE CARE (until 4:30pm)	HORSEBACK RIDING: HORSE CARE (until 4:30pm)	HORSEBACK RIDING: HORSE CARE (until 4:30pm)	HORSEBACK RIDING: HORSE CARE (until 4:30pm)	HORSEBACK RIDING: HORSE CARE (until 4:30pm)	
	PICKLEBALL	PICKLEBALL	PICKLEBALL		PICKLEBALL	PICKLEBALL
	POOL & WATERSLIDES	POOL & WATERSLIDES	POOL & WATERSLIDES		POOL & WATERSLIDES	POOL & WATERSLIDES
	POTTERY	POTTERY	POTTERY	POTTERY	POTTERY	
	QUILTING: SQUARES & RECTANGLES	QUILTING: SQUARES & TRIANGLES	QUILTING: LOG CABIN BLOCKS	QUILTING: OPEN STUDIO & FINISHING SKILLS	QUILTING: FINISHING & ASSEMBLY	QUILTING: QUILTING QUESTIONS
	ROPES COURSE: LOW ROPES	ROPES COURSE: LOW ROPES CAT WALL ROCK WALL	ROPES COURSE: PAMPER POLE TOWER WALL ZIP LINE		ROPES COURSE: GIANT SWING PAMPER POLE ZIP LINE	ROPES COURSE: DANGLE DUO LILY PADS ZIP LINE
	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE
	STAINED GLASS	STAINED GLASS	STAINED GLASS		STAINED GLASS	
	TIE-DYE	TIE-DYE	TIE-DYE		TIE-DYE	
WATERFRONT: AQUA PARK	WATERFRONT: AQUA PARK	WATERFRONT: SWIMMING & AQUA LOUNGE		WATERFRONT: AQUA PARK	WATERFRONT: SWIMMING & AQUA LOUNGE	
WATERSKIING: TUBING	WATERSKIING: BANANA BOATS	WATERSKIING: TUBING		WATERSKIING: TUBING	WATERSKIING: BANANA BOATS	
YOGA: MINDFUL FLOW	YOGA: MINDFUL FLOW	YOGA: MINDFUL FLOW	YOGA: MINDFUL FLOW	YOGA: MINDFUL FLOW	YOGA: MINDFUL FLOW	
5:00-6:00	KICKBALL	CRAFTS FAIR	CRAFTS FAIR	TEA DANCE (4:30pm – 9:00pm)	RAINBOW WARRIORS	CLOSING CIRCLE
	POTTERY OPEN STUDIO	CAPTURE THE WIG	POTTERY OPEN STUDIO		SENSORY RESPITE	
	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE			
6:00-7:00	D I N N E R					
7:00-8:00	F R E E T I M E / R & R					
8:00-10:00	BARN DANCE	PIRATE CARRRRNIVAL	DISCO BINGO	TEA DANCE (*til 9:00pm)	TALENT/ NO TALENT SHOW	CLOSING CEREMONY (7:30pm – 9:30pm)
	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE
10:30-12:30	BEST TIME EVER BAR	BEST TIME EVER BAR	BEST TIME EVER BAR	PAJAMA PAR-TAY! (9:00pm – 12:00am)	BEST TIME EVER BAR	'CAMP' CAMP DANCE DANCE (9:30pm – 12:30am)
	CAMPFIRE	CAMPFIRE	CAMPFIRE	BOWLING (9:00pm – 11:00pm)	CAMPFIRE	
	CLAY AFTER DARK!	CLAY AFTER DARK!	BOWLING			
	NIGHT PADDLE	WEREWOLVES	WEREWOLVES	CAMPFIRE	WEREWOLVES	
	WEREWOLVES					

activities descriptions

activity fair

& ice cream social

Get the skinny on the week's activities while enjoying cold, creamy treats with your fellow Campers! Visit Activity Leaders science-fair style to answer all your questions and sign up for activities with limited space, all while enjoying buckets of ice cream with all your favorite toppings.

- Th 8:00-10:00pm in the Bill Cole Lodge
- Worried you won't get into an activity you really want to try? See the Activities Sign-Up Policy (listed at the end of this packet) for more info about taking the spots of no-shows.
- Bring: Activities Schedule & Descriptions; a pen or pencil if you want to make schedule notes about your week; noise-sensitive Campers might wish to bring ear plugs/headphones; masks required.

archery

with Jac Ordway

Bullseye! One of our most-requested activities is back for its second summer at 'Camp' Camp! Historically used for hunting and combat, archery – the skill or sport of shooting arrows using a bow – is mainly a competitive or recreational activity in modern times. It's also long been a part of many summer camps' activity rosters, so why not tap into your inner-Katniss Everdeen and join Jac to let those arrows fly!

- Sa/M/W 10:15am-12:15pm, and Daily 1:45-3:15pm & 3:30-5:00pm @ the Archery Range
- No experience necessary.
- Non-sequential; attend any or all session/s.
- All equipment provided.
- Wear: closed-toed shoes.
- Bring: bug spray.

art: bookbinding

with Mandy Falco

Join Mandy as she shows you how to create a hardback book with wood covers and a beautiful

exposed spine. This book-binding technique is perfect for a beginner or experienced binder. Make a Camp souvenir certain to impress all your friends back home!

- Sa & M 10:15am-12:15pm @ the Bill Cole Lodge
- No art experience necessary.
- Non-sequential; attend any or all session/s.
- All materials provided.
- Arrive early as space may be limited.
- Mandy's Open Studio on Wednesday morning is for those who need to come by to finish projects.

art: figure drawing

with Clint Attebery

Designed as an outlet of expression through drawing rather than a measure of how well you can draw, this figure drawing class will offer fun for the novice or advanced artist, and will include instruction for beginners, a series of timed poses, and a little bit of gentle feedback. Explore the magic of expressing yourself through drawing the human figure.

- Su/M/Tu/W 10:15am-12:15pm @ the Dance Studio in the Field House
- No art experience necessary.
- Non-sequential; attend any or all session/s.
- All materials provided.
- See Clint if you're interested in modeling!
- Clint's Open Studio on Wednesday at 3:30pm is for those who need to come by to finish projects.

art: needle felting

with Mandy Falco

Let's get crafty and stab stuff! Needle felting is a great outlet for both 3D and 2D artists as well as doodlers and fidgeters. Basics of needle felting will be taught to those who are new to the craft with plenty of time and materials to work on your project and hang out with some pretty cool people!

- Su & Tu 1:45 pm-3:15pm @ the Arts Center
- No art experience necessary.
- Non-sequential; attend any or all session/s.
- All materials provided.
- Arrive early as space may be limited.
- While some projects can be completed in one session, feel free to stop back in if you want some company while you finish up your project.
- Mandy's Open Studio on Wednesday morning is for those who need to come by to finish projects.

art: watercolors

with Clint Attebery

This all-levels watercolor painting class will begin with an overview of materials and techniques. Practice the challenge of working with watercolor paint in a supportive, playful environment. Clint's sessions will also briefly cover composition, drawing, and color values. Draw inspiration from famous watercolor painting examples to create your own masterpiece from photographs or real-life objects.

- Sa/M/W 1:45-3:15pm & Su/Tu 3:30-5:00pm @ the Arts Center
- No art experience necessary.
- Non-sequential; attend any or all session/s.
- Arrive early as space may be limited.
- Clint's Open Studio on Saturday at 3:30pm is for those who need to come by to finish projects.
- Bring: any photographs you'd like to paint from (optional).

barn dance

You just can't keep a good ho' down! Luckily, there's no need for that at this perennially popular annual event offering fun & laughter to klutzes & twinkle-toes alike and where you can greet old friends and make new ones. Award-winning New Hampshire-

based caller *Jacqueline Laufman* (and friends!) will be leading this event, just as she has nearly every year since our very first year back in 1997, so you won't want to miss this long-time Camp tradition! Yee-haw!

- F 8:00-10:00pm in the Bill Cole Lodge
- Wear: cowboy shirt, hat, boots, jeans ...or come as you are; noise-sensitive Campers might wish to bring ear plugs/ headphones; masks recommended.

beauty parlour

with Story Elder & Tyler Acevedo *Join Story (drag performer and teacher) & Tyler (self-described lover of all things drag, hair, and fashion) for some pointers and instruction on everything from frocks to makeup. They can even help you plan a fabulous outfit for the Tea Dance on Monday. A perfect way to unleash that inner (Drag) King or Queen you've always known – or suspected – was inside you!*

- F-M 1:45-3:15pm @ The Beauty Barn
- No sign-up necessary, except on Monday (Tea Dance day) when appointments are strongly recommended.
- Bring: your most fun and beautiful couture, or feel free to sign out anything from Camp's "collection."

best time ever bar

Close your Camp day with a glass of wine, a craft beer or soda, or other alcoholic or non-alcoholic libation at our late-night wine bar. Wind down with fellow Campers in the Bill Cole Lodge or out at the Picnic Tables – or even break out the backgammon board or a board game: it's all up to you. A perfect way to end a perfect Camp day!

- F/Sa/Su/Tu 10:30pm-12:30am in the Bill Cole Lodge
- Tickets for drinks at Best Time Ever Bar are \$5 each and are charged to your Cashless 'Camp' Camp account. They can be purchased in advance

at the Camp Store or in the Bill Cole Lodge from 10:30-11:30pm.

- These white drink tickets are good for any night the Best Time Ever Bar is open. Colored tickets received from your Rainbow Group Leader are color-coded for bar service during the Barn Dance, Tea Dance, or 'Camp' Camp Dance Dance only. They cannot be used for late-night bar service.
- Each Best Time Ever Bar drink ticket is good for either one (1) alcoholic beverage or for two (2) non-alcoholic beverages.
- All alcoholic beverages purchased MUST remain in the Bill Cole Lodge or at the Council Circle or Picnic Tables. They are not permitted at activity areas or cabins.

bowling

with Alex Schwerin & Becca Mardesich

What?! Bowling at summer camp...? You betcha!

has a four-lane bowling alley, perfect for a fun time on the lanes with Camp friends old and new. If you haven't bowled before – or if it's just been a while – Camp is the perfect place to give it a go!

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30pm-5:00pm @ the Field House's Lakeside Lanes [Not open during Monday's 3:30pm period due to Tea Dance.]
- Night Bowling Su 10:30pm-midnight & M 9:00-11:00pm
- Alex will offer a half-hour bowling clinic for those wishing to improve their skills for the first half-hour of the 10:15am sessions.
- Alex or Becca will be present at all sessions to help organize teams, monitor equipment, etc.; however, any instruction will be informal outside of the first half-hour of the morning session.
- No experience necessary.
- Non-sequential; attend any or all session/s.
- Shoes & balls are provided.

- No alcoholic beverages are ever permitted in Lakeside Lanes!
- Attend alone or with friends. Either way, you'll have a blast!
- Wear: socks (communal shoes will be available but may be limited – especially in larger sizes – but you can bowl in your socks if shoes in your size are unavailable).

broadway dance

with Ronnie Carney

If you've ever dreamt about exhibiting your signature moves in a big Broadway number, now you can, 'Camp' Camp style! Join Ronnie on Friday, Sunday & Tuesday for this three-part class where you'll learn a choreographed dance to share to thunderous applause at Tuesday night's big Talent/No Talent Show.

- F/Su/Tu 3:30-5:00pm @ the Field House's Dance Studio [Plan to attend all three class sessions].
- The Act: "You Can't Stop the Beat" from *Hairspray*.
- Sign-ups not required.
- All movement/dance levels welcome.
- Wear: something you can move in; sneakers or dance shoes (no flip-flops, sandals, or bare feet).
- Bring: water bottle.

'camp' camp dance dance

End your best-time-ever week at Camp on a high note at the last official 'Camp' Camp event of the season! DJ Bobby will be spinning an awesome selection of tunes sure to lure you to the dance floor as the cure for your end-of-Camp blues – and as the background for final chats, laughs & hugs with your Camp friends and our photographers' traditional end-of-the-week slideshow highlighting some of the best pictures from your week.

- W 9:30pm-12:30am @ the Bill Cole Lodge
- Glow accessories will be provided.
- Wear: whatever you like; noise-sensitive Campers might

wish to bring ear plugs/
headphones; masks
recommended.

campfires

Drop by the ol' campfire and share s'mores, camaraderie, jokes, ghost stories, and more!

- F/Sa/Su/M/T 10:30pm-Midnight @ the Council Circle

candlemaking

with Greg Clements

Join Greg, the owner of Nubble Light Candle in Kittery, Maine, and make your very own mason jar candle! You'll get to choose from a library of fragrances and colors to craft a soy wax candle that is uniquely you. Greg will review the basics of the materials, equipment, and techniques, all while allowing plenty of time for Q&A.

- Sa-W 10:15am-12:15pm @ Woodworking Studio in the back of the Arts Center
- Each period will include two sessions, one at 10:15am and one at 11:15am.
- Due to the small size of the studio, please remain outside if you're attending an 11:15am session until the previous session's Campers have finished their project and Greg resets the studio.
- No experience necessary.
- All materials provided.
- Sign-ups required as each hour-long session is limited to 10 people each; sign-ups will convert to lottery if interest is high.
- Everyone will be limited to making one candle until everyone who wants to make one has had a chance to do so (we'll make an announcement if/when Greg has room for repeat visitors).
- Wear: something you won't mind getting stained on the off-chance spills occur.

capture the wig

with Nick D'Andrea

Camp's own version of the summer camp classic Capture the Flag is back! Can you help your team capture the opposing team's

wig and bring it safely back to your team's base without being tagged? Well, come out to the Soccer Field to find out! Don't worry: if it's been a while (if ever) since you played, Nick will explain all the rules of this outdoor classic, then you'll count off by twos to form your teams and... let the games begin!

- Sa 5:00-6:00pm @ the Soccer Field
- All skill-levels welcome.
- If you don't want to play, you can still come out and cheer on your fellow Campers!
- Wear: sneakers.

chainmaille

with Amy Putnam

When you think of chainmaille, you probably think of knights on horses and jousting, right? We bet you didn't know that chainmaille makes lovely jewelry, too. Join Amy and discover the basics of this ancient art of connecting metal rings together to create lovely, interesting patterns. She'll introduce you to a few basic weaves that you can use to make your very own bracelet, earrings, or a nice little key tag. A Camp souvenir for the ages!

- M 10:15 am-12:15pm & F/Sa/Su/Tu/W 1:45-3:15pm & 3:30-5:00pm @ the Arts Center Deck
- No experience necessary.
- Non-sequential; attend any or all session/s.
- All materials provided.

closing circle

with Kerry Riffle & Betsy Orr

The bookend event to Friday morning's Opening Circle. Join your fellow Campers as we gather casually at the Council Circle for this closing day tradition where we'll create a space for sharing thoughts on our week at 'Camp' Camp with fellow Campers. It's the perfect pre-dinner precursor to our post-dinner Closing Ceremony.

- W 5:00-6:00pm @ the Council Circle
- Sharing is not required. Come to share or come simply to listen.

- Details on our traditional **Closing Ceremony** (W 7:30-9:30pm @ The Gayborhood) will be shared in your Rainbow Groups on Tuesday and/or Wednesday.

cooking: build a better salad

with Faris Young

Salads have a reputation for being simple, healthy, customizable – and, unfortunately, boring. But they don't have to be dull! In this class, Faris will talk you through the characteristics of a good salad, including flavor, color, texture, and more! You'll practice a couple of salad dressing recipes, learn techniques for adding extra nutrition to your basic salad, and then try out different ingredient combinations to keep things fresh and interesting.

- Su/Tu 10:15 am- 12:15 pm @ the Cooking Studio
- No cooking experience is required and special diets are welcome.
- Sign-ups required as space is limited to 8 Campers per session; admittance by lottery if interest is high.

cooking: charcuterie board

with Faris Young

Also known as adult Lunchables or girl (gurl!) dinner, charcuterie is the perfect flexible, casual, and fun meal on a hot summer day or a busy evening! In this hands-on class, you'll learn about different components, and then practice presentation by building your own meat & cheese board (or a vegan equivalent, if sausage is not your style), complete with crackers, spreads, and some little extras.

- Sa/M/W 10:15 am- 12:15 pm @ the Cooking Studio
- No cooking experience is required and special diets are welcome.
- Sign-ups required as space is limited to 8 Campers per session; admittance by lottery if interest is high.

cooking:**date night perfection**

with Karl Oppenheimer

Nervous about what to make for the perfect date? Set your fears aside as Karl walks you through a delicious step-by step dinner of steak au poivre that includes grilled asparagus and delicately cooked potatoes or rice. For sea lovers, Karl will offer an alternative of salmon roasted in olive oil.

- F & Tu 1:45-5:00pm @ the Cooking Studio
- No cooking experience is required.
- Sign-ups required as space is limited to 8 Campers per session; admittance by lottery if interest is high.

cooking: falafel,**gazpacho...gesundheit!**

with Karl Oppenheimer

Is it hot, or is it me? Of course it's me! But since it's also hot, the unlikely combination of falafel and gazpacho is as perfect a match as gay men and lesbians at the 'Camp' Camp Tea Dance! Karl will show you a simple and relaxed process for making this perfect (vegetarian) lunch for a hot summer day.

- Su 1:45-5:00pm @ the Cooking Studio
- No cooking experience is required.
- Sign-ups required as space is limited to 8 Campers per session; admittance by lottery if interest is high.

cooking: the morning after

with Karl Oppenheimer

Date night was such a success, you wouldn't the morning after to be any different now, would you? Karl will show you how to make a perfect cup of coffee or tea and poached eggs – which, naturally, leads to a delicious Eggs Benedict! Of course, if you've invited the whole pride over to dish about last night, french toast is a must!

- Sa & W 1:45-5:00pm @ the Cooking Studio
- No cooking experience is required.

- Sign-ups required as space is limited to 8 Campers per session; admittance by lottery if interest is high.

crafts: 'chips & 'bags

with Clint Atteberry & Mandy Falco
Didn't have time to complete your Name Chip and/or Buddy Bag during Registration? Have no fear... Clint and Mandy will be in the Arts Center on Friday afternoon with everything you need to express yourself on wood and paper in these timeless 'Camp' Camp traditions.

- F 1:45-3:15pm & 3:30-5:00pm @ the Arts Center

crafts fair

Head out to the Picnic Tables for our annual Crafts Fair featuring handmade items of all sorts, all produced by your fellow Campers. (Hey, it'll be Christmas before you know it!)

- Sa/Su 5:00-6:00pm @ the Picnic Tables
- All purchases can be charged to your Cashless Camp account.

cross stitch

with Amy Putnam

Cross Stitch is a timeless craft that has evolved from the samplers and kitschy pieces of old to become subversive, transgressive, progressive, funny, and, sure, sometimes still kitschy! Amy will teach you all the steps needed to make your own stitch-y masterpieces with a new pattern for 2025. (It's easier than you might think.) How many other civilized and respectable activities encourage you to stab something hundreds of times just for fun?! C'mon... join in!

- Su/Tu 10:15am-12:15pm @ the Arts Center Deck
- No art experience necessary.
- Non-sequential; attend any or all session/s.
- Sign-ups required for new stitchers requiring sit down instruction, which will take place 3 at a time in 20-minute intervals.

- If you have a project already started and want some company while you stitch, stop in!
- All materials provided.

dance

with Nancy Theriault

Do you ever watch Dancing with the Stars and imagine yourself up there on stage? Or maybe you dream of twirling your true love around the kitchen in a beautiful waltz or just being less awkward on the dance floor at your cousin's wedding? Or did that new Beyoncé country song make you wish that you too knew how to line dance? Even if you're convinced you have two left feet, Nancy will show you otherwise. Nancy has had a passion for dance her whole life and, at age 50, decided to fulfill a lifelong dream of becoming a ballroom dancer by starting with beginner lessons. She loves to share her passion with new (and returning!) dancers, particularly in the queer community. She will cover a number of the most popular social couple dances throughout the week including waltz, cha-cha, two-step, salsa and swing – plus a few line dance sessions – all in a fun, non-intimidating environment. You can learn to lead, or follow, or both. Partner and line dancing are social, flirty, great exercise, good for your brain, and just plain fun!

- Daily 1:45-3:15pm @ the Field House's Dance Studio
- See the Activity Schedule for daily themes.
- Non-sequential; attend any session.
- No need to come with a partner. We'll be switching partners during class so you become comfortable dancing with different people. For Line Dance days, you'll not be dancing with a partner.
- Sunday's session is Latin Day and will feature guest instructor, Leti Martinez. Nancy will show you frame & footwork, and Leti will bring the rhythm!

- Wear: clothes that are easy to move in, non-sticky shoes (no flip-flops or sandals).

disco bingo

We're throwing it back, 1970s style. Join Camp's (surprise) Bingo Hostesses for a disco-themed evening of high-energy, super-bingo fun with great prizes – and (no doubt) a few surprises, too! In fact, we're guessing someone will win a prize for best Disco threads! However, the big prize of the evening will be for the final game of Bingo: half-off registration fees for 'Camp' Camp 2026!

- Su 8:00-10:00pm in the Bill Cole Lodge
- Wear: your best 70s/disco outfit ...or come as you are!; masks strongly encouraged.

fitness & gym training

with Jon Deleon

Do you wish you knew your way around the gym, or knew a workout program that is successful? If you want a hands-on training class that teaches you gym exercises, equipment, and programs, this class is for you! Jon has over 40 years of experience and can help you create a program that works for your individual needs. Whether you use a gym, a home gym or body weight, he can give you helpful hints and suggestions and offer insights and inspirational ideas – or just use the gym on your own with good friends and good music. Tell Jon your goals and ideas and work together to achieve them!

- F/Sa/Su/Tu/W 3:30-5:00pm & M 1:45-3:15pm @ the Field House's Fitness Studio
- Non-sequential; attend any or all sessions.
- All equipment provided.
- No experience necessary; all fitness levels welcome.
- Wear: comfortable clothes; sneakers.
- Bring: water bottle, small towel (if you have one); a notebook & pen is helpful.

horseback riding

with Sierra Adams, Brooke Marshall-Hart & Lara Philips
Saddle up, y'all! Learn the basics of English saddle riding while growing to appreciate these gentle and magnificent animals. And if you just want to get some facetime with the horses aside from trail rides, feel free to stop by one of the afternoon Horse Care sessions to assist with grooming and feeding.

- Trail Rides: Daily 10:15am-12:15pm & F-Tu 1:45-3:15pm @ the Horse Barn
- Horse Care: F-Tu 3:30-4:30pm @ the Horse Barn
- No experience necessary.
- See schedule for class offerings.
- For the safety of both the animals and riders, the horses can only carry a maximum weight of 200 pounds.
- All equipment provided.
- Sign-ups required for trail rides as only 5 horses are available for riding by adults; sign-ups will convert to lottery if interest is high.
- Please do NOT enter the horse barn or corral if the gate is closed and/or no instructor is present. No one should be around the horses without a horseback riding instructor present.
- Wear: long pants; closed-toed, hard-soled shoes (no flip-flops, crocs, etc.)

kickball

with Nick D'Andrea

Bet you haven't played this one in years, have you? Everyone's playground favorite continues to gain popularity with adults throughout the U.S., including here at 'Camp' Camp. If it's been a while since you've played, have no fear: Nick will review all the rules – and then the balls will fly! If you can kick, you can play. (In other words, everyone is welcome.)

- F 5:00-6:00pm @ Softball Diamond
- All skill-levels welcome.

- If you don't want to play, you can still come out and cheer on your fellow Campers!
- Wear: sneakers.

knitting

with Scott Ettinger

Knitting at 'Camp' Camp is back, baby! Scott E. will offer instruction to beginners and lapsed knitters, as well as assisting other knitters with questions, techniques, or projects they'd like to start, restart, or get input on. If you're a beginner, Scott will get you knitting and purling (the two basic stitches in knitting). Beyond that, if you're no longer an absolute beginner, the sky's the limit: casting on, binding off, reading instructions and charts, increases, decreases, cables (Scott loves cables!), double knitting, seams... just let Scott know what you'd like to learn! If you're an "advanced beginner" or beyond, Scott will have techniques to offer – or just feel free to come by with your work-in-progress or any patterns you may want some assistance with. And all knitters and Campers are welcome to stop by at any point to sit, stitch, and chat: it's knitting, the sociable craft!

- Daily 1:45-3:15pm @ the Tented Picnic Tables
- No experience necessary.
- Non-sequential; attend any or all session/s.
- Beginners are welcome to come any day to get started, but should arrive at the start of the activity period.
- Advanced beginners and beyond can feel free to drop in after the period is in progress.
- Bring: knitting needles and yarn – though Scott will have both for those who did not purchase supplies in advance. (Needles will only be loaners and must be left with Scott.)

meditation

with Jill Stone

Find calm and create brain space exploring mindfulness meditation with Jill. Mindfulness meditation focuses on the present moment without judgment, paying attention

to thoughts, feelings and bodily sensations as they arise. It is an inclusive and welcoming practice that works with your body. To complement the meditation practice, each day will explore a different mindfulness topic through interactive discussions, grounding journal prompts, and breathing techniques. Mindfulness is a great choice for those new to meditation, or for those who want to add more tools to an established practice. Give yourself the gift of relaxation, for both while you're at Camp and after!

- Daily 7:30-8:30am @ the Paddle Beach Gazebo & 1:45-3:15pm @ the Field House's Yoga Studio
- No experience necessary.
- All skill-levels welcome.
- Non-sequential; attend any or all session/s.
- Wear: comfortable, non-binding clothing; a jacket or sweatshirt might be helpful for the outdoor morning sessions.
- Bring: a pen & journal/paper if you'd like to utilize the journal prompts Jill will offer.

opening circle & camper games

with Kerry Riffle, Betsy Orr & Jon Marsh

Join the Camp Directors for our traditional Opening Circle where you'll officially meet all of your fellow Campers. Then, we'll all break the ice when Jon Marsh, Team Leader for our Rainbow Group Leaders, leads the entire Camp through a series of fun "getting to know you" activities – fun for participants and observers alike – with a cast of hundreds of soon-to-be friends!

- F 10:15am-Noon @ the Soccer Field
- Wear: sunscreen, sunglasses, cap or sun visor (all suggested).
- Bring: (optional) a camp chair and/or sun umbrella (we'll be standing in the sun for an extended period).
- The 2025 Group Photo will be taken at approximately 12:15pm, immediately

following Camper Games.
Please wear your gorgeous 2025 Camp t-shirt for the Group Photo!

pajama par-tay!

The Picnic Tables will be buzzing with a whole selection of "sleepover"-inspired activities, promising fun like cards & board games and maybe even facials, fingernail painting, tarot card readings, and more. With Underwear Twister and multiple games of Cards Against Humanity making appearances in the past, this PJ party may not be quite as innocent as those from your younger days – which is precisely why you probably shouldn't miss it. Then again, it could be even more innocent. You'll just have to come by to find out!

- M 9:00pm-Midnight @ the Picnic Tables
- Games of all sorts are provided.
- If you have a game or small group activity to share, bring it along!
- Wear: your footie jammies, favorite PJs, or whatever is comfortable.

pickleball

with Rick Pfeifle & Andre Roggy
This paddle sport is becoming more & more popular across the country and has been a Camp favorite the past six seasons. Combining elements of badminton, tennis, and table tennis, and played with either 2 or 4 players per court, the rules are simple and the game is easy for beginners to learn. But – beware! – play can be addictive and quickly develop into fast-paced competitive games for more advanced players who catch on quickly. As your instructor, Rick, likes to say: If you can hit a ball with a paddle and you love to laugh then Pickleball is the game for you!

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Pickleball Courts [Not open during Monday's 3:30pm period due to Tea Dance.]

- The 10:15am session will be geared towards beginners and will include instruction on skills, scoring, and game play, but all are welcome.
- Afternoon sessions are focused on game play with minimal instruction. If you haven't played before, it is highly recommended you attend a morning session first.
- All ages & skill-levels welcome.
- All equipment provided. (Basic paddles are available, but bring your own if you can.)
- Wear: sneakers, sunglasses and/or a hat may be helpful.

pirate carrrrrnival

Ready yer boots and prepare to set sail: a storm o' fun be brewin' at the Pirate Carrrrrnival! From ring tossin' on cursed hooks to guessin' the Kraken's secret stash o' booty, ye'll find games and shenanigans fit for the saltiest of scallywags. Try yer luck at "Walk the Planko," earn tickets for treasure, or rest yer sea legs in the calm waters of the Driftwood Den. Come dressed in yer finest pirate garb if you wish, as every costumed sailor be welcome to strut their stuff in the Captain's Couture Fashion Show!

- Sa 8:00-10:00pm in the Bill Cole Lodge
- Participation is optional, but highly recommended, as silly games and prizes await!
- Wear: yer favorite pirate or seafaring garb if ye be feeling swashbuckly ...or whatever you find the comfiest for a night of carnival fun! noise-sensitive Campers might wish to bring ear plugs/ headphones; masks strongly recommended

pool: swimming lessons & water exercises

with Vickers & Liz Burnworth
Does the thought of doing the front crawl make you want to crawl back in bed? Never fear, Vickers is here, and she's ready to help Campers of all levels learn or perfect their swimming skills.

- M 10:15am-12:15pm @ The Pool
- Sign-ups required: 30 minute sessions with a maximum of 2 swimmers per session, grouped by ability.
- Wear: swimsuit.
- Bring: swim goggles (optional).

pool & waterslides

with Vickers, Liz Burnworth & Stacey Peyer

Waterslides? At Camp?! You betcha! Come on out to the pool in the afternoons and lounge around the 4.5' pool – or take a fun ride down one of three 200' waterslides surrounded by lush greenery. The pool is also available for swimming laps – just be aware there'll be some screaming, excited fellow Campers getting dumped regularly into the pool as they finish their waterslide runs!

- Daily 1:45-3:15pm & 3:30-5:00pm [Not open during Monday's 3:30pm period due to Tea Dance.]
- Wear: swimsuit.

pottery

with Evan Krueger, Collette Bailey, & Emma Massaglia

Get muddy as you explore your creative side! Join Evan, Collette, Emma & Liv in the Pottery studio at the Arts Center for a fun and relaxing learning experience creating one-of-a-kind ceramic pottery you make from scratch. Our instructors walk you through the process step by step with lots of design tricks to get great results! No experience or artistic talent needed. What could be better?

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Pottery Room in the Arts Center [No session on Wednesday at 3:30pm.]
- Additional Open Studio Time: F/Su 5:00-6:00pm
- CLAY AFTER DARK! Late Night Open Studio: F/Sa 10:30pm-12:30am
- Formal handbuilding instruction provided F 1:45-3:15pm & 3:30-5:00pm. Otherwise, instruction is available on a limited basis

during open studio times noted above.

- Open studios are intended to give you time to finish projects outside of class time.
- Sign-up required for wheel throwing, as space/equipment is limited. Hand-builders are welcome to walk-in.
- If you wish to complete a project and take it home, plan to come early in the week and return a few times, since there are several steps in the forming, glazing, and firing process.
- No experience necessary.
- All materials provided.
- Please pull back long hair.
- Jewelry should not be worn, as it is typically a hindrance to full clay creativity!
- Wear: grubby clothes (you will get muddy and the clay can stain).

quilting

with Lisa Durrell & Mark Bell
Longtime Staff member Lisa D. is bringing quilting lessons back to our Sewing Room! After reviewing basic quilting skills and equipment, Lisa (assisted by new staff member Mark) will show you how to work with squares and rectangles, moving on to half-square triangles and other traditional block patterns as the week progresses. Patterns presented will vary from basic to more complex. This is a unique opportunity to learn this classic skill from a knowledgeable and experienced quilter (and longtime educator) with a passion for this beautiful craft. Even if you attend only one class, you should be able to return home with a potholder or mug-rug as a unique Camp souvenir, while four classes could result in a 16-inch pillow cover or table-topper meaning you'll be on your way to creating larger pieces.

- Daily 1:45-3:15pm & 3:30-5:00pm @ the Sewing Room at the Arts Center
- Some machine sewing experience is helpful. Those with no machine experience would benefit from attending

one of Mark's morning Introduction to Sewing sessions first.

- Classes are non-sequential (especially for those experienced with machine sewing), though it's highly recommended that those with minimal machine sewing experience begin with Friday's or Saturday's sessions.
- See schedule for daily topics.
- Tuesday & Wednesday sessions are only for those who have already started projects.
- Sign-ups required, as space is limited due to equipment limitations.
- While a basic project (potholder or mug-rug) should be able to be completed in one session, you should plan on more than one session if you hope to complete a more detailed project.

rainbow warriors

with Nick D'Andrea

This one's a wild & wet two-parter! First up is Camp's version of Color Wars, a colorful free-for-all throwing colored powder at your fellow Campers. Then, we'll break out some Super Soakers (of sorts) for a fun new clean-up twist on this Camp favorite!

- Tu 5:00-6:00pm @ the Soccer Field
- Participate in one or both parts.
- If you don't want to play, you can still come out and have fun watching your fellow Campers get dirty & wet!
- Wear: grubby clothes and/or your swimsuit as we're gonna get (colorfully) dirty and wet.

ropes course & climbing walls

with Lolo Kayana, Oli Kungisa, Osh Vuka, Soph Fletcher, Tahlia Emery & Unathi Zincina
Challenge yourself mentally and physically on [REDACTED] amazing ropes course or climbing walls! Different from our past course, [REDACTED]'s course offers a number of different standalone

elements to challenge everyone, whether you're an experienced climber or not. With 9 different elements to conquer – including a standalone zip-line – a visit to the course will be an adrenaline pumping experience that will give you an exhilarating sense of accomplishment.

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Ropes Course & Climbing Walls [Not open during Monday's 3:30pm period due to Tea Dance.]
- Attending a Low Ropes session on Friday or Saturday is highly recommended but not required.
- See schedule for each day's available elements. (Elements will get more difficult as the week goes on.)
- Space/equipment is limited, so come early.
- Wear: comfortable clothes you can be athletic/flexible in; sneakers (no flip-flops, sandals, or bare feet)
- Bring: gloves, if you have them.

sensory respite

Feeling a little overwhelmed by all the sights and sounds of Camp? Why not relax in our sensory friendly space, the Zen Den? Designed with neurodivergent Campers specifically in mind, but open to everyone, this room is for separating from the wonderful, but sometimes overstimulating, environment of Camp. Read a book, color (non-scented supplies), do a puzzle, engage with stim toys, or just sit and relax in this gently lit, low noise space.

- Daily 10:15am-10:00pm @ the Zen Den
- Please respect the needs of neurodivergent Campers and others needing a moment of calm by following the posted rules in the Zen Den. These include: no talking or loud activities, no use of overhead lighting, and no eating or gum chewing.
- Headphones are encouraged.

sewing:

introduction to sewing

with Mark Bell

Ever want to sew your own tote, bucket hat, or bowl cozy? Venture on over to the Sewing Room at the Arts Center and let Mark show you how! He'll teach you all the skills you need to learn machine sewing, in a fun and supportive environment. In one or two sessions, you can create a useful keepsake to show off to all your friends back home.

- Daily 10:15am-12:15pm @ the Arts Center Sewing Room
- No experience necessary.
- Non-sequential; attend any or all session/s.
- All equipment and materials provided.
- Sign-ups required as equipment is limited; sign-ups will convert to lottery if interest is high.
- While most projects can be completed in one class session, Mark will host an Open Studio on Wednesday morning for those who need to finish projects.

spin

with Jon Deleon

Join Jon at the open-air spin pavilion for a new, 'Camp' Camp spin on Spin Class! This is not a traditional, ride-up-a-mountain, work-yourself-to-death class. Open to every person of every level or non-level, hard pump or ride easy for a half hour with new friends and good motivating music. The point of this class is to get your body and your blood moving on a stationary bike in a fun and unique way. And you'll still have time to throw a pot or tie-dye a shirt after!

- Daily 10:15am-10:45pm @ the Spin Pavilion
- No experience necessary.
- Non-sequential; attend any or all session/s.
- All equipment provided.
- Wear: exercise clothing, sneakers (no flip-flops or sandals).
- Bring: water bottle and a towel.

stained glass

with Tamara Ortega Tabares, Jan Mock & Kate Thomas

Choose a design or draw your own, then learn the techniques used to cut and solder colored glass to make a sun-catching gift for someone to put in a favorite window. Or, of course, if you're doing all the work, why not make one for your own window as a lasting souvenir of your week at Camp? One of 'Camp' Camp's most popular activities!

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Arts Center [No sessions M & W 3:30-5:00 pm]
- Please note that everyone will initially be limited to only creating one small to modest piece this summer, at least until everyone who would like to make something has had a chance to do so.
- Closed-toe shoes required!
- No experience necessary.
- Non-sequential; attend any or all session/s.
- All equipment provided.
- Sign-ups required as sessions are limited to 10 Campers each; sign-ups will convert to lottery if interest is high.
- Plan on more than one session if you hope to complete a project.
- All projects should be started by Tuesday morning to guarantee completion.
- All materials provided.
- Wear: closed-toe shoes.

talent/no talent show

"Sing out, Louise!" Get your best performance together (be it musical, dramatic, or any other amazing or silly talent/non-talent) and prepare to dazzle your fellow Campers with your spectacular skills in this ever-popular, traditional – yet distinctly 'Camp' Camp – event.

- Showtime: Tu 8:00-10:00pm @ the Theatre
- Sign-up required prior to dinner on Saturday, as available performance slots will be limited.

- All acts must be no more than 5 minutes in length. This will be strictly enforced.
- Additionally, a lottery may be necessary to choose acts to be featured in the show if interest is high in order to keep the show to under 20 acts so it doesn't run until Wednesday afternoon!
- No repeat acts from previous years from returning Campers will be permitted.
- All participants must sign up for at least one rehearsal (to verify act length and to determine the show's running order) with Kim Sergeant, the show's producer/director, by dinner on Sunday.
- Any participants using recorded tracks must provide them in an *already edited format* (along with a back-up copy of the track) at their first meeting/rehearsal with Kim and for the sound crew prior to the start of the show.
- Additional rehearsal times are available via sign up. Rehearsals will be with David Meiri, Camp's Pianist/Musical Director, for those needing accompaniment and with Kim for those needing direction.
- Kim will also be in need of volunteers willing to be stage hands, too. Please see her for more details.
- Talent not required (thus the "No Talent" part), but a willingness to entertain and have fun a MUST!
- Bring: masks strongly recommended for the audience and/or when you're not performing.

tea dance

Grab the spotlight – and the dance floor – at this fiesta of energy & excess all fueled by tunes spun by Camp's DJ Bobby! The experience begins with a parade of buxom & bearded beauties and costumed characters where you can pose for the paparazzi or strut your stuff on the red carpet. Then, let your boogie fever overtake you and, as Lady Gaga recommended once

upon a time, just dance! We'll take a break for dinner – then dance some more 'til y'all break a (high) heel!

- M 4:30-9:00pm @ the Pickleball Courts & Pavilion
- Wear: Honey, if there was ever a time to be daring, this is it! [Get help putting your couture together at the Beauty Barn (by appointment). See separate listing for Beauty Parlour.] ...but shorts/jeans & a t-shirt are fabulous, too!
- Bring: your dancin' shoes; noise-sensitive Campers might wish to bring ear plugs/ headphones; masks strongly encouraged if event is moved indoors due to weather.

tie-dye

with Chloe Richardson
Your imagination is your only limit to a colorful & creative Camp souvenir in this traditional summer camp craft. Under Chloe's expert guidance, you'll learn how to show off your artistic skills by turning a white or light-colored 100% cotton item into a colorful, one-of-a-kind work of art...

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Tie-Dye Tent behind the Arts Center [No sessions M & W 3:30-5:00 pm]
- Bring: 100% cotton white or light-colored t-shirts, pillowcases, underwear, boxer shorts, etc. to dye.
- Please note that everyone will initially be limited to working on 1-2 t-shirt-sized items until everyone who would like to tie-dye something has had a chance to do so.
- A limited supply of white t-shirts for tie-dyeing will be available for purchase from Chloe, chargeable to your Cashless 'Camp' Camp account.
- Wear: grubby clothes (dyes can splash, y'know...!).

volleyball

with Nick D'Andrea
Brush up or learn new skills in a morning Volleyball Clinic, then put

them to use during one of the popular pick-up games before dinner... "Spike it, Peaches!"

- Clinics: Su/T10:15am-12:15pm @ the Volleyball Court
- Game: Su 5:00-6:00pm @ the Volleyball Court
- If you don't want to play, you can still come out and cheer on your fellow Campers!
- All skill-levels welcome.

waterfront: aqua park

with the Waterfront Staff
Like Ninja Warrior on water, try [redacted]'s awesome Aqua Park featuring inflated slides, trampolines, over-water swing, and more! A challenge for some just to climb onto, but those efforts are rewarded with all sorts of wet, silly, inflatable fun!

- F/Sa/Tu 3:30-5:00pm
- See additional listings for other waterfront activities.
- Non-sequential; attend any or all session(s).
- All equipment provided.
- Flips off the Aqua Park elements are strictly forbidden and could result in revocation of waterfront privileges.
- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Wear: swimsuit; personal flotation device (provided) is REQUIRED when on the Aqua Park; optional: hat/sunscreen, beach shoes.

waterfront:

free swim & aqua lounge

with Mason Davis, Ben Knowles, Bonnie Keys, Doni Savva, Donna Bisbee, Ella Meredith, Jade Hewitt-Boorman & Ximena Castrejon Aleman
Free time for swimming, lounging, and frolicking in the swimming area of the waterfront. Cool off, float around with friends, or just bring a novel and relax on the sand beach.

- Daily 1:45-3:15pm & Su/W 3:30-5:00pm

- See additional listings for other waterfront activities.
- For Swim Lessons, see listing for Pool: Swim Lessons and Water Exercises.
- Non-sequential; attend any or all session(s).
- All equipment provided.
- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Wear: swimsuit; optional: hat/sunscreen, beach shoes.

waterfront: kayaks, canoes & paddleboards

with SJ Harris, Doni Savva & the Waterfront Staff

Enjoy some time out on the lake with a variety of small watercraft. You can learn or relearn basic paddling strokes and skills to balance and direct a canoe, kayak, or paddleboard – or, if you're an experienced paddler, you can sign out your preferred method of water travel and enjoy the sun, air, and water. A beautiful and relaxing way to enjoy your day at Camp!

- Daily 10:15am-12:15pm & 1:45-3:15pm @ the Paddle Beach
- See additional listings for other waterfront activities.
- Campers needing a review of or basic instruction on paddling skills should ask Doni for instruction during the first half-hour of the 10:15am session.
- All small watercraft *must* be signed out from one of the lifeguards on duty. Taking out any watercraft without doing so may result in revocation of small watercraft privileges.
- Two Hobie Bravos and one Hobie Wave are also available for experienced sailboaters to sign out; some limited sailboat pointers or rides may be provided by SJ during 1:45pm session, depending on staffing demands at the Paddle Beach at the time; however, only experienced sailboaters can sign out and use a sailboat.

- Equipment is limited (ten kayaks, six tandem kayaks, four canoes, and sixteen paddleboards), so come early – especially those uninterested in paddleboarding.
- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Wear: swimsuit; personal flotation device (provided) is REQUIRED; optional: hat/sunscreen, beach shoes.

waterfront: lake cruise

with the Waterfront Staff

Spend your morning exploring the waters around camp with your Camp friends on a chill, relaxing lake cruise. After boarding one of [redacted]'s pontoon boats, you'll enjoy a beautiful, tranquil start to another fun & fabulous day at 'Camp' Camp!

- Sa/M/W 10:15am-12:00pm @ the Fishing Dock
- See additional listings for other waterfront activities.
- Please be prompt or you may lose your spot as these cruises are often wait-listed!
- Sign-up required, as space/equipment is limited.
- See separate listing for Night Lake Cruises.
- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Wear: swimsuit; personal flotation device (provided) is REQUIRED; optional: hat/sunscreen, beach shoes, a warm jacket/hoodie (if it's chilly).

waterfront: morning swim

with Vickers, Liz Burnworth, Mason Davis & the Waterfront Staff

Join hardy fellow Campers for a half-mile round-trip swim into the lake (and back!) as the mist is rising off the water. C'mon – you can do it!

- Daily 7:00-8:30 am @ the Aqua Park Beach
- See additional listings for other waterfront activities.
- Safety boaters also welcome/ needed each morning to paddle across the lake and back with the swimmers. (They are required to report to Paddle Beach by 6:50am for a launch over to the Aqua Park Beach.) See Vickers or Mason if you are interested.
- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Subject to cancellation due to weather.
- Wear: swimsuit; swim caps (provided) are REQUIRED; optional: goggles, nose or ear plugs, wetsuit, etc.

waterfront: night lake cruise

with the Waterfront Staff

Experience the gorgeous waters around camp as never before during an after-dark cruise with your Camp friends. After boarding one of the camp's pontoon boats, you'll enjoy a beautiful, tranquil end to another fun & fabulous day at 'Camp' Camp!

- Sa 8:00-9:30pm @ the Fishing Dock
- See additional listings for other waterfront activities.
- Please be prompt or you may lose your spot as these cruises are often wait-listed!
- Sign-up required, as space/equipment is limited.
- See separate listing for morning Lake Cruises and Night Paddles.
- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Wear: personal flotation device and glow necklaces (provided) are REQUIRED; optional: warm jacket or hoodie (if it's cold).

waterfront: night paddle

with the Waterfront Staff

Experience the lake as never before during an after-dark guided paddle trip out on the waters surrounding Camp. It's a beautiful, tranquil way to end another fun & fabulous day!

- F 10:30pm-Midnight & Su 8:30-10:00pm @ the Paddle Beach (conditions permitting)
- Sign-up required, as space/equipment is limited.
- Please be prompt or you may lose your spot as these events are often wait-listed!
- Basic canoe or kayak skills strongly recommended. (See separate listing for Kayaks, Canoes & Paddleboards for details on available instruction times.)
- Wear: personal flotation device and glow necklaces (provided) are REQUIRED; optional: warm jacket or hoodie (if it's cold), beach shoes.

waterskiing:

tubing & banana boats

with Oscar Trespalacios & Joe Nieuwendijk

Join your fellow Campers for a rollicking ride out on the lake on one of our four-person tubes or eight-person banana boats. Accessible to more folk than getting up on waterskis, this wet and wild adventure is sure to be a welcome interruption to any quiet afternoon in which you might find yourself. (Is there such a thing at 'Camp' Camp...?!)

- Daily 1:45-3:15pm & 3:30-5:00pm @ the Waterski Dock [Not open during Mondy's 3:30pm period due to Tea Dance.]
- See additional listings for other waterfront activities.
- See schedule for details on each period's offering.
- Non-sequential; attend any or all session(s).
- Must be able to swim; otherwise, no experience necessary.
- All equipment provided.
- Space is limited by equipment, so come early.

- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Wear: swimsuit; personal flotation device (provided) is REQUIRED;; sunscreen (recommended).

werewolves

with Ken Nash

The surprisingly addictive Camp favorite is back! Do you like group games with lots of laughs, twists, and turns? Then join Ken for a few rounds of Werewolves, a fun social game of light role-playing, bluffing, and plenty of intrigue. The game is played seated with simple rules and no "acting" required. Suspenseful, strategic late-night fun!

- F/Sa/Sun/Tu 10:30pm-12:30am @ the Pickleball Court Pavillion
- Multiple games may be played per session, but gameplay is limited to 16 players per round.
- Sign-up is recommended. Please arrive on time.
- You're welcome to come and observe the first round of gameplay and then fill in for others after the first game.
- Bring: some reading may be required, so bring your glasses if you need them.

writing

with Doug Smith

Interested in writing? Don't doubt yourself. Anyone can tap into their creativity and write. We all tell stories, so let's put some down on paper. Join us for a day or the week to explore your creativity. Doug will offer prompts, inspiration and encouragement, with time to write and share in a supportive environment. You might even create something for the Talent/No Talent show. Try it – you may surprise yourself.

- Daily 10:15am-12:15pm @ the Picnic Tables

- Paper and pens/pencils will be provided, but feel free to bring your own.
- Having an alarm with you on your phone or watch will be helpful if you want to move to nearby locations to write during writing periods.
- Bring: your willingness to try and an open mind.

yoga: mindful flow

with Mel Adams

Feeling ungrounded? Mel's afternoon mindful flow yoga class will present a series of postures (asana) and breathing techniques (pranayama), to help bring balance to the body, mind, and spirit. Unlike other yoga classes, this class will focus on building strength and balance in the body through limited postures and long holds, to help calm and center the mind with slow deep breathing. The class will include the opportunity to find gratitude and forgiveness.

- Daily 3:30-4:30pm @ the Field House's Yoga Studio
- Sessions will include an optional breathwork & mediation from 4:30-5:00pm.
- No experience necessary.
- All skill-levels welcome, but this is not a chair yoga class.
- Non-sequential; attend any or all session/s.
- Mats, chairs, and props are provided or bring your own.
- Wear: clothes that allow for freedom of movement and bring your bare feet.

yoga: morning yoga

with Mel Adams

Re-calibrate your whole self as you transition from night to day. This gentle class will awaken your body, mind, and spirit with a bit of movement, breathwork, and meditation. Like the sunrise that transitions our days from darkness to light, the class will transition our minds, muscles, and joints from the cold, stiff slumber of night and reawaken and warm them in preparation for another day of adventures at 'Camp' Camp. The

class will include the opportunity to set a daily affirmation or goal.

- Daily 7:00-8:00am @ the Field House's Yoga Studio
- Sessions will include an optional breathwork & mediation from 8:00-8:30am.
- No experience necessary.
- All skill-levels welcome, but this is not a chair yoga class.
- Non-sequential; attend any or all sessions, but the classes will be similar.
- Mats, meditation cushions, and props are provided or bring your own.
- Wear: clothes that allow for freedom of movement and bring your bare feet.

activity sign-up policy

- Didn't sign up for something you want to try? It is ok to show up at most* activity sessions you didn't sign up for and see if no-shows have made new spots available. This is more likely to happen towards the end of Camp, as Campers become more flexible with their schedules.
- Please keep in mind that showing up at an activity session you didn't sign up for doesn't guarantee you will get in.
- If no one shows up for an activity after the first 15 minutes of the session, activity instructors may elect to take that session off, so show up early if you are interested!

* You must sign up in advance to perform in the Talent/No Talent show.

activities requiring sign-ups

- Beauty Parlour
(only needed for Monday appointments for Tea Dance)
- Candlemaking
- Cooking
- Cross Stitch
(only for new stitchers requiring instruction)
- Horseback Riding
(only for trail rides)
- Pool: Lessons and Water Exercises
- Pottery *(only for wheelthrowing)*
- Quilting
- Sewing: Introduction to Sewing
- Stained Glass
- Talent/No Talent Show
(only for performers)
- Waterfront: Lake Cruises
- Waterfront: Night Lake Cruises
- Waterfront: Night Paddles
- Werewolves *(recommended)*

ooo, look! the space below could be very useful for notating which activities you've signed up for. (just sayin'...)