

# activities schedule & descriptions

TIME	MONDAY, AUGUST 19	TUESDAY, AUGUST 20	WEDNESDAY, AUGUST 21	THURSDAY, AUGUST 22	FRIDAY, AUGUST 23	SATURDAY, AUGUST 24
7:00-8:30	MORNING STRETCH & TONE	MORNING STRETCH & TONE	MORNING STRETCH & TONE	MORNING STRETCH & TONE	MORNING STRETCH & TONE	MORNING STRETCH & TONE
	MORNING SWIM	MORNING SWIM	MORNING SWIM	MORNING SWIM	MORNING SWIM	MORNING SWIM
	YOGA	YOGA	YOGA	YOGA	YOGA	YOGA
8:00-8:30	SILENCE & REFLECTION	SILENCE & REFLECTION	SILENCE & REFLECTION	SILENCE & REFLECTION	SILENCE & REFLECTION	SILENCE & REFLECTION
8:30-9:30			BREAK	F A S T		
9:30-10:00	R	A I N B O	W G R O	U P M E I	E T I N G S	
		ART: FIGURE DRAWING	ART: MANDALAS	ART: FIGURE DRAWING	ART: MANDALAS	ART: FIGURE DRAWING
		BLACKSMITHING	BLACKSMITHING	BLACKSMITHING	BLACKSMITHING	BLACKSMITHING
		CANOE LESSONS		CANOE LESSONS	GUIDED LAKE CANOE	GUIDED LAKE CANOE
		CHAINMAILLE	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE
		CLIMBING WALL	CLIMBING WALL	CLIMBING WALL	CLIMBING WALL	CLIMBING WALL
			COOKING: MORE TASTES OF INDIA	COOKING: DATE NIGHT	COOKING: MORE TASTES OF INDIA	
		FITNESS: BOOT 'CAMP' CAMP		FITNESS: BOOT 'CAMP' CAMP		FITNESS: BOOT 'CAMP' CAMP
	OPENING CIRCLE	GUITAR: BEGINNERS	GUITAR: BEGINNERS	GUITAR: BEGINNERS	GUITAR: BEGINNERS	GUITAR: BEGINNERS
	& CAMPER GAMES		HIKING: BLUEBERRY MTN.		HIKING: DEVIL'S DEN	
10:15-12:15		LGBT HISTORY: PRE-WORLD WAR II	LGBT HISTORY: POST-WORLD WAR II	LGBT HISTORY: LEATHER HISTORY		
		LAWN SPORTS	LAWN SPORTS	LAWN SPORTS	LAWN SPORTS	LAWN SPORTS
	CAMP PHOTO	MOUNTAIN BIKING	MOUNTAIN BIKING	MOUNTAIN BIKING	MOUNTAIN BIKING	MOUNTAIN BIKING
	(12:15)	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL
		POTTERY	POTTERY	POTTERY	POTTERY	POTTERY
		SIGHTSEEING: MAINE WILDLIFE PARK			SIGHTSEEING: ZIPLINE ADVENTURE	
		STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS
			SWIMMING LESSONS	SWIMMING LESSONS	SWIMMING LESSONS	
		THEATRE:	THEATRE:	THEATRE:	THEATRE:	THEATRE:
		IMPROV/THEATRE GAMES	SPOKEN WORDSHOP	NAUGHTY BITS II	SPOKEN WORDSHOP	IMPROV/THEATRE GAMES
		VOLLEYBALL CLINIC	VOLLEYBALL CLINIC	VOLLEYBALL CLINIC	VOLLEYBALL CLINIC	VOLLEYBALL CLINIC
		WRITING	WRITING	WRITING	WRITING	WRITING
		FREE TIME/R&R	FREE TIME/R&R	FREE TIME/R&R	FREE TIME/R&R	FREE TIME/R&R
12:30-1:30			L U N	СН		
	ADVENTURE COURSE: GROUND SCHOOL/ LOW ROPES	ADVENTURE COURSE	ADVENTURE COURSE	ADVENTURE COURSE: GIANT'S LADDER & ADVANCED ELEMENTS	ADVENTURE COURSE	ADVENTURE COURSE: GIANT'S LADDER & ADVANCED ELEMENTS
	AEROBICS: DANCERSIZE!	AEROBICS: DANCERSIZE!	AEROBICS: DANCERSIZE!	DANCE: STREET DANCE	AEROBICS: DANCERSIZE!	AEROBICS: DANCERSIZE!
	CRAFTS: 'CHIPS & 'BAGS	ART: PAPER & BOOK ART	ART: WIRE ART	ART: WIRE ART	ART: PAPER & BOOK ART	ART: OPEN STUDIO
	BEAUTY PARLOUR	BEAUTY PARLOUR	BEAUTY PARLOUR	BEAUTY PARLOUR		
	BLACKSMITHING	BLACKSMITHING	BLACKSMITHING	BLACKSMITHING	BLACKSMITHING	BLACKSMITHING
	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE
	COOKING: BEER BUTT CHICKEN	COOKING: MAMÈRE'S BAYOU KITCHEN	COOKING: THE ISRAELI GRILL		COOKING: MAMÈRE'S BAYOU KITCHEN	COOKING: THE ISRAELI GRILL
	SOFTBALL CLINIC	BASKETBALL			CAPTURE THE WIG	KICKBALL
1:45-3:15	LAWN SPORTS	LAWN SPORTS	LAWN SPORTS	LAWN SPORTS	LAWN SPORTS	LAWN SPORTS
1.40 6.70	MINDFULNESS MEDITATION	MINDFULNESS MEDITATION	MINDFULNESS MEDITATION	MINDFULNESS MEDITATION	MINDFULNESS MEDITATION	MINDFULNESS MEDITATION
			HIKING (cont'd.)	MODEL ROCKETS & SAUCERS (Session 3, Pt. 1)	MODEL ROCKETS & SAUCERS (Session 3, Pt. 2)	
	POTTERY	POTTERY	POTTERY	POTTERY	POTTERY	POTTERY
		SIGHTSEEING (cont'd.)			SIGHTSEEING (cont'd.)	
	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS
	TENNIS: BEGINNERS	TENNIS: BEGINNERS	TENNIS: BEGINNERS	TENNIS: BEGINNERS	TENNIS: BEGINNERS	TENNIS: BEGINNERS
	TIE-DYE	TIE-DYE	TIE-DYE	TIE DYE	TIE-DYE	TIE-DYE
	WATERFRONT	WATERFRONT	WATERFRONT	WATERFRONT	WATERFRONT	WATERFRONT
	FREE TIME/R&R	FREE TIME/R&R	FREE TIME/R&R	FREE TIME/R&R	FREE TIME/R&R	FREE TIME/R&R

TIME	MONDAY, AUGUST 19	TUESDAY, AUGUST 20	WEDNESDAY, AUGUST 21	THURSDAY, AUGUST 22	FRIDAY, AUGUST 23	SATURDAY, AUGUST 24
	ADVENTURE COURSE: GROUND SCHOOL/ LOW ROPES	ADVENTURE COURSE	ADVENTURE COURSE	ADVENTURE COURSE: GIANT'S LADDER & ADVANCED ELEMENTS	ADVENTURE COURSE: GIANT'S LADDER & ADVANCED ELEMENTS	ADVENTURE COURSE
	CRAFTS: 'CHIPS & 'BAGS		ART: PAPER & BOOK ART		ART: WIRE ART	ART: OPEN STUDIO
	BLACKSMITHING (cont'd.)	BLACKSMITHING (cont'd.)	BLACKSMITHING (cont'd.)	BLACKSMITHING ('til 3:45pm)	BLACKSMITHING (cont'd.)	BLACKSMITHING (cont'd.)
	BROADWAY DANCE (Part 1 of 3)	DANCE: STREET DANCE	BROADWAY DANCE (Part 2 of 3)		BROADWAY DANCE (Part 3 of 3)	DANCE: STREET DANCE
	COOKING (cont'd.)	COOKING (cont'd.)	COOKING (cont'd.)		COOKING (cont'd.)	COOKING (cont'd.)
	GUITAR: INTERMEDIATE/ADVANCED	GUITAR: INTERMEDIATE/ADVANCED	GUITAR: INTERMEDIATE/ADVANCED		GUITAR: INTERMEDIATE/ADVANCED	GUITAR: INTERMEDIATE/ADVANCEI
	KICKBALL	SOFTBALL	FLAG FOOTBALL		9 SQUARE IN THE AIR	
3:30-5:00	LGBT HISTORY: PRE-WORLD WAR II	LGBT HISTORY: POST-WORLD WAR II	LGBT HISTORY: LIVING LGBTQ STATISTICS		LGBT HISTORY: LIVING LGBTQ STATISTICS	LGBT HISTORY: LESBIAN & TRANS HISTOR
	MODEL ROCKETS & SAUCERS (Session 1, Pt. 1)	MODEL ROCKETS & SAUCERS (Session 1, Pt. 2)	MODEL ROCKETS & SAUCERS (Session 2, Pt. 1)	MODEL ROCKETS & SAUCERS (Session 2, Pt. 2)		
	POTTERY	POTTERY	POTTERY	POTTERY	POTTERY	POTTERY
	SAILING LESSONS	GUIDED LAKE CANOE	SAILING LESSONS		SAILING LESSONS	
		SIGHTSEEING (cont'd.)	HIKING (cont'd.)		SIGHTSEEING (cont'd.)	
	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS	
	TENNIS: INT./ADVANCED	TENNIS: INT./ADVANCED	TENNIS: INT./ADVANCED	TENNIS: INT./ADVANCED	TENNIS: INT./ADVANCED	TENNIS: INT./ADVANCED
	TIE-DYE	TIE-DYE	TIE-DYE		TIE-DYE	TIE-DYE
	WATERFRONT	WATERFRONT	WATERFRONT		WATERFRONT	WATERFRONT
	YOGA	YOGA	YOGA		YOGA	YOGA
	FREE TIME/R&R	FREE TIME/R&R	FREE TIME/R&R	FREE TIME/R&R	FREE TIME/R&R	FREE TIME/R&R
5:00-6:00	AFTERNOON ANTICS	AFTERNOON ANTICS	AFTERNOON ANTICS		MODEL ROCKETS &	
	9 SQUARE IN THE AIR	CRAFTS FAIR	CRAFTS FAIR	TEA DANCE (4:30pm – 9:00pm)	SAUCERS: LAUNCH CEREMONY!	CLOSING CIRCLE
	VOLLEYBALL	VOLLEYBALL	VOLLEYBALL		VOLLEYBALL	
	FREE TIME/R&R	FREE TIME/R&R	FREE TIME/R&R		FREE TIME/R&R	FREE TIME/R&R
6:00-7:00			DINI	N E R		
7:00-8:00		F I	REE TI	M E / R &	R	
7:30-10:00	MOVIE:	MOVIE: GRANDMA	MOVIE: WEEKEND	MOVIE:		

7.00-6.00		г		IVI E / R Ox	K	
7:30-10:00	MOVIE: BOHEMIAN RHAPSODY	MOVIE: GRANDMA	MOVIE: WEEKEND	MOVIE: THE FAVOURITE	TALENT/ NO TALENT SHOW	CLOSING CEREMONY (7:30pm – 9:30pm)
8:00-10:00	BARN DANCE	RANDOM SH*T SHOW	LIP-SYNC THROWDOWN!	PAJAMA PAR-TAY!		
	T	THE DEAT TIME	THE DEAT TIME	(9:00pm – 12:00am)	THE DEAT TIME	
10:30-12:30	THE BEST TIME WINE & COFFEE BAR	THE BEST TIME WINE & COFFEE BAR	THE BEST TIME WINE & COFFEE BAR		THE BEST TIME WINE & COFFEE BAR	
	CAMPFIRE	ESCAPE THE BARN	ESCAPE THE BARN	CAMPFIRE:	MOVIE: 52 TUESDAYS	'CAMP' CAMP DANCE DANCE (9:30pm – 12:30am)
		FRUIT FLY	CAMPFIRE			
	MOVIE: BOHEMIAN RHAPSODY	MOVIE: GRANDMA	MOVIE: WEEKEND	MOVIE: THE FAVOURITE	SOCIAL GAMING: WEREWOLVES	
		NIGHT PADDLE	NIGHT PADDLE			
	SOCIAL GAMING: WEREWOLVES	SOCIAL GAMING: WEREWOLVES	SOCIAL GAMING: WEREWOLVES			

# activity descriptions

#### 9 square in the air

with Mark Barr

It was a hit last summer, so it's back this summer! This popular new take on 4 Square is easy-to-learn and fun for all skill levels. Played under an overhead frame court of 9 squares, you'll work to defend your square from the other 8 players while attempting to move forward to the sacred "center square" and remain there as king (or in some of your cases, "queen") as long as you can.

M 5:00-6:00pm & F 3:30-5:00pm
 the 9 Square Court (near Volleyball Court)

- o All ages & skill levels welcome.
- o Wear: sneakers

# activity fair & ice cream social

Get the skinny on the week's activities while enjoying cold, creamy treats with your fellow Campers! Activity Leaders will be present & available to answer all your questions. Short & sweet – and accompanied by buckets & buckets of ice cream with all your favorite toppings.

o Su 8:30-10:00pm in the Main Lodge  Bring: Activities Schedule & Descriptions

# adventure course & climbing wall

with James "JC" Clare,
Adessa Batts, Lois Stevens,
Olivia McKellar & Shae Francis
Challenge yourself mentally and
physically on our amazing ropes
course or climbing wall! With
updates/improvements to both the
Climbing Wall and the Adventure
Course since last summer, even
returning Campers can find
themselves (re)challenged with
four levels of difficulty and 14

different elements to conquer. An adrenaline-pumping experience that will give you an exhilarating sense of accomplishment.

- M 1:45-5:00pm Ground School/Low Ropes [Other times TBD]
- Climbing Wall: Tu-Sa 10:15am-12:15pm
- Basic Adventure Course: Tu/W/F 1:45-3:15pm & Tu/W/Sa 3:30-5:00pm
- Giant's Ladder & Advanced Elements: Th/Sa 1:45-3:15pm & Th/F 3:30-5:00pm
- "Ground School" to get started, then take on the adventure element(s) of your choice.
- Successful completion of the basic course is highly recommended prior to taking on any of the more advanced elements.
- The Giant's Ladder requires a partner.
- Space/equipment is limited, so come early.
- Wear: comfortable clothes you can be athletic/flexible in; sneakers (no flip-flops, sandals, or bare feet)
- o Bring: gloves, if you have them

## aerobics: dancercize

with Ashley Bill

Come experience Ashley's own take on Jane Fonda meets Mr. Motivator meets Ricky Martin meets Britney Spears meets... ASHLEY!!!! You'll "dancersize" your way through a fun aerobic workout, track by track with easy to follow moves that get that your whole body moving and grooving. While the class is all about having silly amounts of fun, laughter, and feeling great, you'll still be put through your paces – but you'll definitely leave with a smile!

- M-W/F-Sa 1:45-3:15pm @ the Dance Studio
- All fitness & experience levels welcome. No dance experience necessary.
- Wear: athletic/work-out clothes that allow good freedom of movement (dry fit preferred); sneakers (no flip-flops, sandals, or bare feet)
- o Bring: small towel, water bottle

#### afternoon antics

with Josie Baker
Join Josie for any one (or all) of
these late-afternoon hours of
silliness & fun based on some of
the games you may remember
from your days on the playground.
You may think you're too old for all
that, but what better way to
recapture a little bit of your
childhood again than by revisiting
some old games with your new
Camp friends!

- o M/T/W 5:00-6:00pm @ the Soccer Field
- Each session will feature different activities. Come for one or all sessions to see what's on tap!
- Wear: comfortable clothes you can move well in; sneakers (no flip-flops, sandals, or bare feet)
- Spectators welcome (and encouraged).

## art: figure drawing

with Lorena Boswell Explore the magic of expressing yourself through drawing the human figure. Designed as an outlet of expression through drawing rather than a measure of how well you can draw, the class will offer fun for the novice or advanced artist and will include instruction, a series of timed poses, and a little bit of gentle feedback.

- Tu/Th/Sa 10:15am-12:15pm @ the Dance Studio
- No art experience necessary.
- Non-sequential; attend any or all session(s).
- Space is somewhat limited, so come early.
- o All materials provided.
- See Lorena if you're interested in modeling!

#### art: mandalas

with Lorena Boswell

Come create your own mandala that symbolizes what you need to remember in this moment of your life. Through guided meditation and centering music, explore your inner voice and allow it to inform the design you create. Then relax in quiet meditative contemplation

of coloring, painting, and collaging your own mandalas. Each class will end with an optional sharing of your personal mandala. No matter your experience level, you may be surprised at what emerges when you allow yourself to relax into creative flow.

- o W/F 10:15am-12:15pm @ the Art Barn
- No art experience necessary.
- Non-sequential; attend any or all session(s).
- Space is somewhat limited, so come early.
- o All materials provided.
- Wear: grubby clothes, as glue, paint, and ink can be messy!

## art: paper & book art

with Lorena Boswell
If you can fold, cut and glue paper,
this is the perfect art class for you!
Come see how what you learned
to do in kindergarten is all you
need to create practical paper art –
beautiful cards, envelopes and
little memory books – with your
own personal flare.

- Tu/F 1:45-3:15pm & W 3:30-5:00pm @ the Art Barn
- o No art experience necessary.
- Non-sequential; attend any or all session(s).
- Space is somewhat limited, so come early.
- o All materials provided.
- Wear: grubby clothes, as the glue used for these projects can stain clothing

### art: wire art

with Lorena Boswell Join experienced wire artist Lorena and see what you can learn from wire's lessons in flexibility and holding shapes. This unique class will explore how wire can be bent and formed into designs, words, and images. Whether it's learning how to sculpt a face from one piece of wire or exploring how to create vour own sculpture, design. or message to hang on your wall to remind you every day of your intention in life, this class is the perfect way to create your own unique Camp souvenir!

W/Th 1:45-3:15pm & F 3:30-5:00pm @ the Art Barn

- o No art experience necessary.
- Space is somewhat limited, so come early.
- o All materials provided.
- Sculptures can be made small enough to easily fit in a suitcase for those who are flying home.
- Wear: grubby clothes, as spray painting is an option and can be messy!

#### barn dance

You just can't keep a good ho' down! Luckily, there's no need for that at this perennially popular annual event offering fun & laughter to klutzes & twinkle-toes alike and where you can greet old friends and make new ones! This year, our live band will be led by Jacqueline Laufman, a long-time enthusiast of 'Camp' Camp. She's missed the event the past two years, but she's thrilled to not only be back this summer, but leading the evening as our bandleader & caller as well. (And we're thrilled to have a woman in charge!) Yeehaw!

- o M 8:00-10:00pm in the Main Lodge
- Wear: cowboy shirt, hat, boots, jeans, or come as you are

basketball with Mark Barr
Take some time to hoop it up with
Mark on the court this week!
Session begins with a half-hour
clinic covering basic skills like
dribbling, passing, and shooting.
The last hour of the class will be
spent playing fun shooting games
like H-O-R-S-E and 21, along with
some half-court pick-up games.
Who knows? Maybe some full
court action will happen, too!

- o Tu 1:45-3:15pm @ the Basketball Court
- All skill levels welcome, though more experienced players may wish to skip the clinic portion at the beginning of each class session and just arrive at 4:00pm.
- o Wear: sneakers

# beauty parlour

with Mark "Princess" Cameron & George Rylander
Join Princess (semi-experienced drag queen) & George
(professional hairdresser) for some pointers and instruction on everything from frocks to makeup.
Why, they'll even help you plan a fabulous outfit for the Tea Dance on Thursday. A perfect way to unleash that inner (Drag) King or Queen you've always known – or suspected – was inside you!

- o M-Th 1:45-3:15pm @ Princess's House of Beauty
- No sign-up necessary, except on Thursday (Tea Dance day) when appointments are strongly recommended.
- Bring: your most fun and beautiful couture, or feel free to sign out anything from Camp's "collection"

# the best time wine & coffee bar

Close your Camp day with a glass (or two) of wine, a few craft beers, or a warm mug of coffee (which you can sweeten up with a selection of delicious flavored syrups), hot apple cider, or mulled wine at our late-night wine bar/coffee house. Relaxing with fellow Campers by the fireplace, congregate with friends under the stars at a picnic table, or break out the backgammon board: it's all up to you. A perfect way to end a perfect Camp day!

- o M/T/W/F 10:30pm-12:30am in the Main Lodge
- Tickets for wine & beer are \$4 each (chargeable to your Cashless 'Camp' Camp account) and can be purchased in advance at the Camp Store or in the Lodge from 10:30pm-11:30pm.
- All wine & beer purchased MUST remain in the Main Lodge or at the Picnic Tables. Please do not take it to activity areas or cabins.

#### blacksmithing

with Faust Nobis & Matt Stowe Come try your hand at Blacksmithing at our forge! Faust & Matt will show you the basics of forging hot metal, including bending, twisting, tapering, and scrollwork. This is a rare opportunity to create a unique (very butch!) souvenir to show off to all your friends back home!

- Daily 10:15am-12:15pm & 1:45-5:00pm @ the Blacksmith Forge [Thursday afternoon session ends at 3:45pm due to Tea Dance.]
- No experience necessary.
- Tools, safety equipment, and all materials provided.
- Sign-up required, as space and tools are limited to four students per class; sign-ups will convert to lottery if interest is high.
- Wear: clothing made of natural fibers; closed-toe shoes (no sandals or flip-flops)
- o Bring: water bottle

## broadway dance

with Eric Ranelletti Ever dreamt of exhibiting your signature moves in a big Broadway show? Well now you can-can and here's your chance, 'Camp' Camp style! This year we will celebrate Moulin Rouge! on Broadway with a medley from the hit movie and show. Join Eric on Monday, Wednesday & Friday for this three-part class where vou'll learn a choreographed dance to share to thunderous applause at Friday night's big Talent/No Talent Show.

- M/W/F 3:30-5:00pm @ the Dance Studio [Plan to attend all three class sessions.]
- The Act: A mix of songs from the Moulin Rouge film soundtrack
- All movement/dance levels welcome.
- Wear: something you can move in; sneakers or dance shoes (no flip-flops, sandals, or bare feet)
- o Bring: water bottle

#### 'camp' camp dance dance

Go out on a high note at the last official 'Camp' Camp event of the season. Camp DJ GB will be spinning an awesome selection of tunes certain to be the cure for your end-of-Camp blues!

- o Sa 9:30pm-12:30am @ the Main Lodge
- Wear: Whatever you like; glow accessories provided

## campfires

Drop by the ol' campfire and share s'mores, camaraderie, jokes, ghost stories. and more!

 M/W/Th 10:30pm-Midnight @ the Campfire Circle

## canoeing & kayaking

with Sam Jack & Tyson Hunt
Learn or relearn the basic paddling
strokes and skills to balance and
direct a canoe or kayak during
lessons, in anticipation of taking a
relaxing paddle around the lakes
surrounding Camp on your own –
or to join one of our gorgeous
Night Paddles or guided lake trips
Tuesday afternoon and Friday &
Saturday mornings. (Don't forget to
say "Hi!" to the loons!)

- Lessons: Tu/Th 10:15am-12:15pm
- Guided Lake Canoe: Tu 3:30-5:00pm & F/Sa 10:15am-12:15pm
- Friday & Saturday mornings'
   Guided Lake Canoes will depart from the (new!) Trafton Pond dock for the initial half-hour or so. We'll then walk over to Stanley Pond and embark from there to explore those waters. Join us for both departures or just one.
- See separate listing for Night Paddles.
- Canoes & kayaks available for sign-out (based on availability) anytime the Waterfront is open through any on-duty Lifeguard.
- Basic canoe skills or attendance at an instructional period is required to sign out a watercraft or participate in Guided Lake Canoe trips or Night Paddles.
- Sign-up required, as space/equipment is limited.
- Wear: personal flotation device (provided) is <u>REQUIRED</u>; bathing suit; optional hat/sunscreen, t-shirt or hoodie (if it's cold), beach shoes

# capture the wig

with Mark Barr

After a long overdue debut a few years back, Camp's own version of the summer camp classic Capture the Flag is back! Can you help your team capture the opposing team's wig and bring it safely back to your team's base without being tagged? Well, come out to the Soccer Field to find out! Don't worry: if it's been awhile (if ever) since you played, Mark will explain all the rules of this outdoor classic, then you'll count off by twos to form your teams and... let the games begin!

- o F 1:45-3:15pm @ the Soccer Field
- o All skill levels welcome.
- o Wear: sneakers

chainmaille with Jason Hatton When you think of chainmaille, you probably think of knights on horses and jousting, right? We bet you didn't know that chainmaille makes lovely jewelry, too. Join Jason and discover the basics of this ancient art of connecting metal rings together to create lovely, interesting patterns. Jason will introduce you to a few basic weaves that you can use to make your very own bracelet. A Camp souvenir for the ages!

- Daily 10:15am-12:15pm & 1:45-3:15pm @ the Jewelry Hut
- No art experience necessary.
- Non-sequential; attend any or all session(s).
- o All materials provided.

# cooking: beer butt chicken

with Karl Oppenheimer
Join Camp's resident grill master
Karl and take your grilling on an
unexpected turn – up the butt! (Of
a chicken, that is...) In this revival
of a class that was a big hit in
previous summers, you'll learn to
make this easy classic that will not
disappoint: a whole chicken upright
on the grill, sitting atop a beer can
with some beer, spices, and herbs.
It all makes for one super-moist,
super-tasty bird!

M 1:45-5:00pm @ the Cooking Studio

- No cooking experience is required.
- Space is limited to 8 Campers per session; admittance by lottery only.

# cooking: date night

with Karl Oppenheimer It's date night! They will arrive in an hour. No sweat, you're all set, 'cuz you're about to cook a delicious meal for two – and one of those two is you! Reviving another favorite from the past, Karl will teach you to easily prepare a delicious meal for the perfect date. Steak, salmon, and portabella are center stage with some tasty sidekicks!

- o Th 10:15am-12:15pm @ the Cooking Studio
- No cooking experience is required.
- Space is limited to 8 Campers per session; admittance by lottery only.

# cooking: the israeli grill

with Karl Oppenheimer
Add a taste of the Middle East (by
way of Philadelphia) to your grilling
repertoire. Inspired by the cooking
of Michael Solomon, of
Philadelphia's Zahra, this class will
highlight a whole new palate of
flavors for the grill and great ways
to enjoy them. You'll work with
lamb, chicken, and vegetables.
Delicious sides and
accompaniments are also
included!

- W & Sa 1:45-5:00pm @ the Cooking Studio
- No cooking experience is required.
- Space is limited to 8 Campers per session; admittance by lottery only.

# cooking:

# mamère's bayou kitchen with Brett Auttonberry

We ain't boujie, cher. This class is about a culture and some good, ol' time, down-on-the-bayou cooking, jus' like Mamère used to make, yeah! Brett's brand new offering will focus on the slow, deliberate, and relaxed process of making a proper roux, the base of many

Creole and Cajun comfort foods. Preparing a roux allows ample time for conversation, so the class will also explore how the food and the culture of South Louisiana are intertwined and – in the end – will also yield delicious signature dishes that utilize a roux, like Cajun Chicken & Sausage Gumbo and Creole Shrimp Etouffeé. So come relax, chat, learn – and channel your inner Princess Tiana with Brett!

- Tu & F 1:45-5:00pm @ the Cooking Studio
- No cooking experience is required.
- Space is limited to 8 Campers per session; admittance by lottery only.

# cooking: *more* tastes of india

with Deb Kayman If you think Indian food just means soft foods drenched in sauce, you are in for a surprise and a treat! Deb will show you how to prepare a seasonal Indian menu of delightful textures and tastes, including a cooling yogurt raita with crunchy cucumber and mint, spiced skillet potatoes, and blackeved peas with tomato and mushrooms. You'll also learn to make mango lassi, a fruit smoothie lightly seasoned with cardamom that's guaranteed to beat the summer heat. Everything on the menu is easy to make, mostly with ingredients you're likely to have on hand. Yum!

- W/F 10:15am-12:15pm @ the Cooking Studio
- No cooking experience is required.
- Space is limited to 8 Campers per session; admittance by lottery only.

## crafts: 'chips & 'bags

with Lorena Boswell & Jason Hatton
Didn't have time to complete your
Name Chip and/or Buddy Bag
during Registration? Have no
fear... Lorena & Jason will be out
in the Art Barn on Monday
afternoon with everything you need
to express yourself on wood and

paper in these timeless 'Camp' Camp traditions.

M 1:45-3:15pm & 3:30-5:00pm
 @ the Art Barn

#### crafts fair

Head to the Traffic Circle for our annual Crafts Fair featuring handmade items of all sorts, all produced by your fellow Campers. (Hey, it'll be Christmas before you know it!)

- o T/W 5:00-6:00pm @ the Traffic Circle
- All purchases can be charged to your Cashless Camp account

# dance: street dancing with Ashley Bill

Grab those shoes and get moving! Join Ashley as he does anything & everything in his power to bring out your inner sultry, sexy being! He'll share with you his own way of owning the dance floor, using

your inner sultry, sexy being! He'll share with you his own way of owning the dance floor, using inspiration and moves from the countless videos and performances he's watched... and died a little inside because he wasn't in them. (Sound familiar?!) From hard, strong, attitude-filled moves to slow, sensual and down right filthy ones, you'll have crazy amounts of fun!

- Th 1:45-3:15pm & Tu/Sa 3:30-5:00pm @ the Dance Studio
- All fitness & experience levels welcome. No dance experience necessary.
- Non-sequential; attend any session.
- Wear: clothes that are easy to move in, non-sticky shoes (no flip-flops or sandals)

#### escape the barn

with J.P. Sarmiento
A dark secret is lurking about
'Camp' Camp, and you have
minutes to solve it and escape...
or else! Challenge yourself and
your friends in this immersive
storified late-night game puzzle
where you'll work with other
Campers to find the clues and
solve the riddles to escape the
haunted Theatre Barn, racing
against time and putting your brain
to the test.

- o Tu/W 10:30pm-11:30pm @ the Theatre
- Sign-up required as gameplay is limited to 10 people per session; sign-ups will convert to lottery if interest is high.
- o Please arrive on time!
- Bring: some reading is required, so bring your glasses if you need them.

# the fruit fly

with Michele DiPietro Building from a spontaneous event last summer, this evening of storytelling returns this year as an official 'Camp' Camp activity. When we tell our story, we actively shape our own reality and become known to others as we wish to be known. So come share (or share in) a story with your fellow Campers for one of the most surprising events at Camp. The stories you will hear - like any you may share during the event - may be happy or sad, cerebral or absurd, elegant or crass. But they'll all be true and collectively make for a unique & memorable way to connect with your fellow Campers.

- o Tu 10:30pm-12:30am @ the Back Deck of the Lodge
- A non-competitive event, the only rules are: a) any story you tell must be a true story that happened to you; b) must be no longer than 5 minutes long; and c) no notes are allowed. (This is not an evening of readings.)
- Active listeners are welcome; you do not need to tell a story to attend.

# fitness: boot 'camp' camp! with Kat Emet

Have you been thinking about starting to exercise but you aren't sure where to begin? Are you a seasoned fitness fanatic needing an endorphin fix? Would you like to learn how to structure a quick and effective full-body workout that you can do in the comfort of your home or take on the road with you while you travel? If you answered "yes" to any of these questions, Kat's class is for you! Each session will begin with a dynamic warmup

followed by a heart-pumping, sweat-inducing circuit workout that you can take to your individual max effort. Need to keep it lowimpact? You got it. Looking for a bit more of a challenge with some plyometrics? Catch some air. Every day, you'll get a heart pumping workout to torch those extra Camp calories and, by the end of the week, you'll be taking home the skills to create a variety of workouts, so you'll be on your way to crushing those New Year's resolutions, too! ... If you've been waiting for an invitation to hit the gym, this is it!

- Tu/Th/Sa 10:15am-12:15pm @ Kansas
- o All equipment provided.
- No experience necessary; all fitness levels welcome.
- Wear: comfortable clothes; sneakers
- Bring: water bottle, small towel (if you have one)

flag football with Mark Barr Yup, it's an official Camp activity again this year! Join Mark for a "quick & dirty" football clinic, followed by a rousing game of America's favorite sport – without all that butch tackling!

- o W 3:30-5:00pm @ the Soccer Field
- All skill levels welcome.
- Wear: sneakers
- Bring: your Rainbow Group bandanna

guitar with Sean Satin
Have you always wanted to learn
the guitar, but you've been afraid
to invest in one without first giving
it a try? Or maybe that guitar you
bought years ago has just been
sitting in a corner gathering dust?
Well, no matter your skill level,
professional guitar teacher Sean
will have you strumming away
(again) in no time! He'll have a
limited number of guitars available
for group guitar lessons, so not
having yours with you is no excuse
– give it a try or refresh & improve

Beginners: Daily 10:15am-12:15pm @ the Picnic Tables

your skills.

- Intermediate/Advanced: Daily 3:30-5:00pm @ the Picnic Tables [No class Thursday due to Tea Dancel
- Sean can cover all styles (rock, classical, jazz, etc.) so experienced players should let him know if you have a particular style of interest.
- Non-sequential; attend any or all session(s).
- Guitar availability is limited, so come early.

# hiking: blueberry mountain

with Robin Benton
Join avid hiker (and Camp's Risk
Manager) Robin on this all-day, 8mile moderate loop hike through
the Speckled Mountain Wilderness
on the Maine/New Hampshire
border. Experienced hikers will
love the tremendous exposed
ledges and unique views. Your
reward at the bottom of the trail? A
waterfall and a cold, clear pool!
Bring your bathing suit for this one!

- o W 10:15am-6:00pm
- o Sign-up required (limited space).
- Transportation to each trailhead is provided and departs from the Camp Store.
- Hike is only appropriate for the <u>experienced/fit hiker</u>. Beginning or less experienced hikers should check out the hike to Devil's Den on Friday morning. (See next listing.)
- Wear: hiking boots (with socks/liners); bathing suit if you want to take advantage of the waterfall and pool
- Bring: water bottle, small pack, sunscreen, hat, camera

# hiking: devil's den

with Jon Knoll

Join avid hiker Jon Knoll (yes, that guy behind the video camera) for a lovely off-site hiking trip on Friday morning. You'll tackle nearby Devil's Den, a short but pleasant hike with moderate elevation to cover and a beautiful view, perfect for the beginning or inexperienced hiker. (And, if everyone agrees, you might even stop at Rte. 160

Ice Cream Stand on the way back to Camp!)

- o Fr 10:15am-12:15pm
- o Sign-up required (limited space).
- Transportation to trailhead is provided and departs from the Camp Store.
- Hike is appropriate for all skill levels.
- Wear: hiking boots (with socks/liners)
- Bring: water bottle, small pack, sunscreen, hat, camera

kickball with Mark Barr
Bet you haven't played this one in
years, have you? Everyone's
playground favorite continues to
gain popularity with adults
throughout the U.S., including the
past nine years here at 'Camp'
Camp. If it's been a while since
you've played, have no fear: Mark
will review all the rules – and then
the balls will fly! If you can kick,
you can play. (In other words,
everyone is welcome.)

- M 3:30-5:00pm & Sa 1:45 3:15pm @ Softball Diamond
- o All skill levels welcome.
- Wear: sneakers

**labt history** with Alex Warner Join Alex as she leads you and your fellow Campers through an interactive & engaging experience exploring various topics essential to understanding the LGBTQ community's place in and contribution to history. Alex is offering two general sessions focusing on the culture, events, and people from one of two historical periods in the United States: the colonial era through WWII and from WWII to the present (with a special discussion of the events surrounding Stonewall). Or choose from one of two special topics classes with more specialized focus: Leather History (Alex's doctoral research focus) or Trans & Lesbian History. Whether you catch one or all four of these classes, you'll return home with a greater appreciation

of our community's legacy and your part in it.

- General Sessions: Tu/W 10:15am-12:15pm & M/Tu 3:30-5:00pm @ the Picnic Tables [See schedule for session topics.]
- <u>Leather History</u>: Th 10:15am-12:15pm @ the Picnic Tables
- <u>Lesbian & Trans History</u>:
   Sa 3:30-5:00pm @ the Picnic
   Tables
- Attending the both general sessions is encouraged, but one is not a pre-requisite for the others. Feel free to attend any or all topics.
- Bring: a pen & paper in case you want to make notes for further research.

# Igbt history: living Igbtq statistics

with Michele DiPietro Many people know of Alfred Kinsey and his research, but he wasn't the first or the last researcher in this field with a long tradition. This interactive discussion will take the dry classifications, stats, models, and nomenclature and will make them come alive as tools for personal reflection on our individual and group identity. Don't miss this rare opportunity for intriguing insights into our community based on a unique college course on the Statistics of Sexual Orientation developed & taught by Michele that is regularly referenced in publications on LGBTQ issues in higher education.

- W & F 3:30-5:00pm @ the Picnic Tables
- Bring: a pen & paper in case you want to make notes for further research.

### lawn sports

with Danielle Komer
Why not enjoy a relaxing, noncompetitive, and fun time playing
the sports of your (or perhaps your
grandparents') youth? Danielle will
be out on the Lawn Sports Courts
every morning and after lunch
each day if you (and your friends)
are in the mood for a little **croquet**,
badminton, or – new this year! –

cornhole. (Hey, Danielle's from the Midwest, okay?) Whether you'd like a little instruction or a refresher on all the official rules – or just a smiling face for a fun pickup game – you don't need experience to whack the birdies & balls or toss your bags, so come on out and play!

- Daily 10:15am-12:15pm & 1:45-3:15pm @ the Lawn Sports Courts
- Instruction and organized games are only available during the times noted above; however, courts will be set up with all the equipment you'll need to play all week long, so feel free to play any time.
- All equipment provided.
- Space is limited by equipment, so come early.
- Wear: summer whites are optional; simply come as you are.

## lip-sync throwdown!

Join your fellow Campers for the return of this super-popular evening inspired by Jimmy Fallon's celebrity lip-sync battles on The Tonight Show - with a little RuPaul's Drag Race thrown in for good measure. That's right, come show off your wicked lip-sync skills on stage (or just watch as your fellow Campers do so) before a panel of distinguished Camp iudaes that will be choosing four finalists who will be lip-syncing for their lives after dinner at Tea Dance on Thursday. The winner wins a ton of renown, glamour, and a fun prize package!

- o W 8:00-10:00pm in the Main Lodge
- Sign-up required by lunch on Tuesday, as available performance slots will be limited.
- All song selections must be 3-5 minutes (or less) in length.
   [Please note that depending on the number of interested acts/participants, each lip-sync may be limited to the first 2-3 minutes of their selection due to time constraints.]
- Check in with Camp DJ Gary Burmeister by Tuesday night to make sure he has or can acquire

- the exact song you'd like to lipsync.
- No costumes allowed! It's just you and your lip-sync skills, baby! [A few basic costume props (wig, shoes, boa, etc.) provided by Princess' Beauty Parlour will be available right before you go on-stage should you wish to use one piece.]
- Wear: Come as you are, ready to throw it down or just be entertained!

#### mindfulness meditation

with Eden Stone Join Eden to learn to meditate or deepen an existing practice. Participants will explore mindfulness meditation through discussion, exercises, and various meditative techniques. Meditation is simply training the mind to pay attention in a sustained fashion, without judgment or reactivity, in order to build ongoing awareness. That awareness can transform everyday life, making us calmer, more engaged and less reactive. The focus will be on both sitting meditation and informal practice in everyday life. The slower pace of life at Camp provides an ideal backdrop for such informal practice. Classes will include fun "homework" assignments intended to facilitate mindfulness during Camp activities.

- o Daily 1:45-3:15pm @ Kansas
- Please note the location as this class is not held in the Meditation Hut. That space is only used for the 8am Silence & Reflection session and private meditation throughout the day. (See separate listing.)
- Non-sequential; attend any session.
- Wear: comfortable, non-binding clothing
- Bring: a preferred cushion, mat, bench, etc. if you have one (not required)

#### model rockets & saucers

with Christina Koeritz & Jason Nadeau Come build your very own model rocket or flying saucer projected to go up to 600 feet in the air! Christina will lead you through the process of creating your very own air projectile step-by-step in anticipation of Jason's arrival for the big launch ceremony on Friday!

- M/Tu or W/Th 3:30-5:00pm or Th/F 1:45-3:15pm @ the Model Rocket Cabin
- Projects may take up to 2
   sessions to complete, depending
   on what you build: origami
   rockets/saucers take 1 period,
   but other model rockets will
   require 2 sessions.
- Launch Day (all sessions):
   F 5:00-6:00pm @ the Soccer
   Field
- Sign-up required, as space and tools are limited; sign-ups will convert to lottery if interest is high.
- No previous skills required.
- All are welcome to attend Launch Day on Friday to cheer on your fellow Campers & their projectile projects!

# morning stretch & tone

with Ashley Bill

This class will gently bring you from sleepy to energized! Starting with a full body stretch, loosening those bones and muscles to prepare for the next part of the class: working in a station to station format focusing on different body areas for toning and strengthening using your bodies and weights. You'll leave the class feeling awake, great, and ready for your day of 'Camp' Camp fun ahead!

- o Daily 7:00-8:30am @ the Dance Studio
- All fitness & experience levels welcome.
- Wear: athletic/work-out clothes that allow good freedom of movement & sneakers (no flipflops, sandals, or bare feet)
- o Bring: small towel, water bottle

#### morning swim

with Vickers & the Waterfront Staff Join hardy fellow Campers for a ¾-mile round-trip swim across the lake (and back!) as the mist is rising off the water. C'mon – you can do it!

- Daily 7:00-8:30am @ the Waterfront
- Safety boaters also welcome/needed each morning to paddle across the lake and back with the swimmers. See Vickers if you are interested.
- Wear: bathing suit; swim caps (provided) are <u>REQUIRED</u>; optional: goggles, nose or ear plugs, wetsuit, etc.
- Subject to cancellation due to weather.

#### mountain biking

with Lois Stevens

After a short intro to mountain bikes for beginners and a practice ride around camp, you'll explore some of rural Maine's country roads & the trails in the woods surrounding camp, where you'll encounter rocks, roots, logs, and mountain streams. Challenging but fun!

- o Daily 10:15am-12:15pm @ the Bicycle Shed
- Space/equipment limited, so come early.
- Wear: sneakers; helmets will be provided

#### movies

Enjoy 'Camp' Camp's own ongoing film festival, complete with fresh popcorn! Head down to Kansas to enjoy open-air screenings of some celluloid favorites both old & new with your fellow Campers. Who knows? You might even discover a new favorite film.

- M-F 7:30pm & 10:30pm @
   Kansas [No 7:30pm screening of Friday's selection.]
- Monday: Bohemian Rhapsody

   (U.S., 2018) The story of the legendary rock band Queen and lead singer Freddie Mercury, leading up to their famous performance at 1985's Live Aid. Rami Malek received the Best Actor Oscar in 2019 for his portrayal of Freddie Mercury.
- Tuesday: Grandma (U.S., 2015)
   A road-trip-inspired comedy-drama that follows a teenager facing an unplanned pregnancy who seeks help from her acerbic grandmother (Lily Tomlin in her first starring role since 1988's

- Big Business), a woman who is long estranged from her daughter (Marcia Gay Harden).
- Wednesday: Weekend (U.K., 2011) After a drunken house party with his straight mates, Russell heads out to a gay club where he picks up Glen just before closing time. But what's expected to be just a one-night stand unexpectedly turns into something more far reaching.
- o Thursday: The Favourite (U.K./Ireland/U.S., 2018) In the early 18th century, England is at war with the French. Nevertheless, duck racing and pineapple eating are thriving. A frail Queen Anne occupies the throne, and her close friend, Lady Sarah, governs the country in her stead, while tending to Anne's ill health and mercurial temper. When a new servant, Abigail, arrives, her charm endears her to Sarah. Sarah takes Abigail under her wing, and Abigail sees a chance to return to her aristocratic roots. (Sapphic behavior and rabbits are also involved.) Olivia Colman received the Best Actress Oscar in 2019 for her portrayal of Queen Anne.
- Friday: 52 Tuesdays (Australia, 2014) Filmed one day a week for 52 weeks, this coming-of-age drama follows 16-year-old Billie's reluctant path to independence that is accelerated when her mother reveals plans to gender transition and their time together becomes limited to Tuesday afternoons.
- Bring: Sleeping bag & pillow (optional)

#### night paddle

with the Waterfront Staff
Experience Stanley Pond as never
before during a late-night guided
canoe trip out on the waters
surrounding camp. A beautiful,
tranquil way to end another fun &
fabulous day at 'Camp' Camp!

- Tu/W 10:30pm-12:30am @ the Waterfront
- Basic canoe skills or prior attendance at an instructional period is required.

- Sign-up required, as space/equipment is limited.
- Wear: personal flotation device (provided) is <u>REQUIRED</u>; bathing suit; hoodie or warm jacket (if it's cold), beach shoes

# opening circle & camper games

with Kerry Riffle, Betsy Orr & Mary Beth King Join the Camp Directors for our traditional Opening Circle where you'll officially meet all of your fellow Campers. Then, we'll all break the ice as Mary Beth leads the entire Camp through a series of fun "getting to know you" activities with a cast of hundreds of soon-to-be friends!

- M 10:15am-Noon @ the Soccer Field
- Wear: sunscreen, sun glasses, cap or sun visor (all suggested)
- The 2019 Group Photo will be taken at approximately 12:15pm, immediately following Camper Games. <u>Please wear your</u> gorgeous 2019 Camp t-shirt for the Group Photo!

## pajama par-tay!

Main Lodge will be buzzing with a whole selection of "sleepover"inspired activities, promising fun for every taste: cards & board games, facials, fingernail painting, tarot card readings, and more. With Underwear Twister and multiple games of Cards Against Humanity making appearances in recent years, this PJ party may not be quite as innocent as those from your younger days - which is precisely why you probably shouldn't miss it. Then, it could be even more innocent. You'll just have to come by to found out!

- Th 9:00pm-Midnight @ the Main Lodge
- Wear: your footie jammies, favorite PJs, or whatever is comfortable
- If you have a game or small group activity to share, bring it along!

pickleball with Mark Barr This paddle sport was such a hit last summer, we knew we had to bring it back for 2019. Combining elements of badminton, tennis, and table tennis and played with either 2 or 4 players per court, the rules are simple and the game is easy for beginners to learn. But – beware! – play can be addictive and quickly develop into fast-paced competitive games for more advanced players who catch on quickly.

- Daily 10:15am-12:15pm @ the Tennis Courts
- o All ages & skill levels welcome.
- o All equipment provided.
- o Wear: sneakers

# **pottery** with Evan Krueger & Collette Bailey

Get muddy as you explore your creative side! Enjoy wheel-throwing or hand-building down at the Pottery Studio with its fantastic view of the lake. What could be better?

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Pottery Studio
- Sign-up required, as space/equipment is limited.
- If you wish to complete a project and take it home, plan to come early in the week and return a few times, since there are several steps in the forming, glazing, and firing process.
- No experience necessary.
- All materials provided.
- o Please pull back long hair.
- Jewelry should not be worn, as it is typically a hindrance to full clay creativity!
- Wear: grubby clothes (you will get muddy and the clay can stain)

### random sh\*t show

Don't miss this game showinspired evening chock full of fun individual and group games & challenges inspired by random aspect of our lives, from IKEA to Broadway, unicorns to toilets. Are <u>you</u> brave enough to compete onstage for prizes both fun and, well, shitty? (You guessed it: even the prizes are random!) You'll probably want to find your nerve, because the evening's Grand Prize is half-off registration fees for 'Camp' Camp 2020!

- o Tu 8:00-10:00pm in the Main Lodge
- Participation is optional, but highly recommended.
- Wear: comfortable clothes and shoes

#### sailing

with Sam Jack & Tyson Hunt Conquer Stanley Pond in one of Camp's catamaran sailboats! Channel your inner pirate or relax with a group – our bigger boats fit four! Feeling adventurous? Have a solo go in our smaller Sunfish boats. Once you learn the basics, sign out a sailboat and let the breeze carry you.

- M/W/F 3:30-5:00pm @ the Waterfront
- Sailboats also available for sign out (based on availability) anytime the Waterfront is open through any on-duty Lifeguard.
- Wear: personal flotation device (provided) is <u>REQUIRED</u>; bathing suit; sunscreen (recommended)

# sightseeing: maine wildlife park

with Thom Higgins
Join Thom for a day trip to Maine
Wildlife Park, home to over 30
species of Maine wildlife that
cannot be returned to their natural
habitats due to injuries or being
orphaned or raised (sometimes
illegally) in captivity. This trip will
especially appeal to those of you
who are nature lovers,
photographers, and wildlife
enthusiasts.

- o Tu 10:15am-5:00pm
- Van departs promptly at 10:15am from the Camp Store.
- Sign-up required, as van space is limited.
- Wear: comfortable shoes for walking
- Bring: camera; <u>cash/credit card</u> for \$7.50 park entrance fee, lunch, treats, and maybe some shopping (time permitting)

page 10

# sightseeing: mt. attitash zipline adventure

with Thom Higgins
Do you love big thrills and
gorgeous local scenery? Then
you'll want to join Thom for this
day trip where you'll experience
the longest zipline east of the
Rockies! Located just an hour
away from Camp, this zipline will
take you 4,969 feet down the side
of a mountain at speeds up to 65
miles per hour in a 1-2 hour
adventure great for thrill seekers
and nature lovers alike.

- o F 10:15am-5:00pm
- Van departs promptly at 10:15am from the Camp Store.
- Sign-up required, as van space is limited.
- Firm commitment to take the trip must be made by Wednesday evening as the tickets must be purchased in advance. The \$80 fee will be charged to your Cashless Camp account.
- Wear: comfortable shoes for walking
- Bring: <u>cash/credit card for lunch</u>, <u>shopping</u>, <u>etc</u>.

#### silence & reflection

with Eden Stone
Come sit quietly in Camp's
designated sacred space for early
morning meditation and reflection.
A perfect & peaceful beginning to a
busy day of Camp.

o Daily 8:00-8:30am @ the Meditation Hut

# social gaming: werewolves

with Ken Nash

The surprise sensation from the past few summers is back! Do you like group games with lots of laughs, twists and turns? Then join Ken for a few rounds of Werewolves, a fun social game of light role-playing, bluffing and tons of intrigue. The game is played mostly seated with simple rules and no "acting" required. Suspenseful, strategic late-night fun!

M/T/W/F 10:30pm-12:30am @ the Dance Studio

- Multiple games may be played per session, but gameplay is limited to 16 players per round.
- Sign-up is recommended.
   Please arrive on time.
- You're welcome to come and observe the first round of gameplay and then fill in for others after the first game.
- Some reading is required, so bring your glasses if you need them.

softball with Mark Barr Brush up those rusty (or nonexistent!) softball skills during Tuesday morning's Softball Clinic which will include both group and one-on-one instruction. During the clinic, we will work on throwing, hitting, fielding, and catching. Then, put your skills to use during Wednesday afternoon's game. Everyone is encouraged to play regardless of skill - and everyone gets to bat every inning! Remember, this is 'Camp' Camp and it's a compliment to be told you throw like a girl!

- Clinic: M 1:45-3:15pm @ the Softball Diamond
- o Game: Tu 3:30-5:00pm @ the Softball Diamond
- o Wear: sneakers (recommended)
- Bring: softball glove (if you have one)
- o Equipment available.

#### stained glass

with Amy Putnam & James Starbuck Choose a design or draw your own, then learn the techniques used to cut and solder colored glass to make a sun-catching gift for someone to put in a favorite window. One of 'Camp' Camp's most popular activities!

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Stained Glass Studio [Studio is closed Sa 3:30-5:00pm]
- Space/equipment somewhat limited, so come early.
- o Closed-toe shoes required!
- Plan on more than one session if you hope to complete a project.
- All projects should be started by Friday morning in order to guarantee completion.

o All materials provided.

# swimming lessons

with Vickers & the Waterfront Staff Gone through your whole life swimming more like a Cocker Spaniel than a person? Get some patient and helpful feedback and tips from our talented waterfront staff.

- Tu/W/Th 10:15am-12:15pm @ the Waterfront
- o Sign-up required.

#### talent/no talent show

"Sing out, Louise!" Get your best performance together (be it musical, dramatic, or any other amazing or silly talent/no talent) and prepare to dazzle your fellow Campers with your spectacular skills in this ever-popular, traditional – yet distinctly 'Camp' Camp – event.

- Showtime: F 8:00-10:00pm @ the Theatre
- Sign-up required prior to dinner on Tuesday, as available performance slots will be limited.
- All acts must be no more than
   5 minutes in length. This will be strictly enforced.
- Additionally, a lottery may be necessary to choose acts to be featured in the show if interest is high in order to keep the show to under 20 acts so it doesn't run until Saturday afternoon!
- No lip-sync acts will be permitted this year since Lip-Sync
   Throwdown! is happening on Wednesday night. (Exceptions may be made for select acts burlesque, drag, etc. where lipsynching is not the primary focus. See Kim to make your appeal.)
- <u>No</u> repeat acts from previous years from returning Campers will be permitted.
- All participants must sign up for at least one rehearsal (to verify act length and to determine the show's running order) with Kim Sergent, the show's producer/director, by dinner on Wednesday.
- Any participants using recorded tracks must provide them at their first meeting/rehearsal with Kim

- and for the sound crew prior to the start the show.
- Additional rehearsal times are available via sign up. Rehearsals will be with David Meiri, Camp's Pianist/Musical Director, for those needing accompaniment and with Kim for those needing direction.
- Kim will also be auditioning emcees, and is interested in volunteers willing to be stage hands, too. Please see her for more details.
- Talent <u>not</u> required (thus the "No Talent" part), but a willingness to entertain and have fun a MUST!

#### tea dance

Grab the spotlight – and the dance floor – at this fiesta of energy & excess all fueled by tunes spun by GB, everyone's favorite Camp DJ! The experience begins with a parade of buxom & bearded beauties and costumed characters where you can pose for the paparazzi or strut your stuff on the red carpet. Then, let your boogie fever overtake you and, as Lady Gaga recommended once upon a time, just dance! We'll take a break for dinner – then dance some more 'til y'all break a (high) hee!!

- Th 4:30-9:00pm @ the Traffic Circle
- Wear: Honey, if there was ever a time to be daring, this is it! [Get help putting your couture together at Princess's House of Beauty (by appointment).]
- o Bring: your dancin' shoes!

tennis with Tomas Rychtecky Join professional instructor Tomas ("toe-MAHSH") for a little help with your tennis game, whether you've never picked up a racket before or are a more advanced player. Beginners can get some exercise while learning a few basics like forehands, backhands, and volleys, while more experienced players can get some games in while receiving tips on their form. etc. (A little tournament action might even happen near the end of the week depending on skill & interest.) Didn't bring a racquet or

tennis balls? No problem... we have plenty!

- Daily 1:45pm-3:15pm
   [Beginners] & 3:30pm-5:00pm
   [Intermediate/Advanced Players]
   @ the Tennis Courts
- o Wear: sneakers
- o Equipment available.

#### theatre:

# improv/theatre games

with Patrick Goodnow
Join Patrick for a fun class where
theater games, movement, voice,
and improvisation exercises will be
utilized to help you create original
characters and scenes. Though an
excellent resource for actors,
comedians, writers, and singers,
the class is also designed for those
with little or no performance
experience who are looking to
explore and want to come play.
Just bring an open mind, some
imagination and a little bit of silly.

- o Tu/Sa 10:15am-12:15pm @ the Theatre
- No theatre or performing experience necessary.
- Non-sequential; attend any or all session(s).
- Come early as class size is limited.
- Wear: loose/comfortable clothing; proper footwear is required (no sandals, flip-flops, or bare feet)
- Bring: materials for writing/notetaking; a full water bottle is recommended

# theatre: naughty bits II electric boogaloo

with Patrick Goodnow Come read, discuss, and, yes, even stage more of the Bard's bawdiest and most outrageous moments in this, the second edition of Patrick's popular "William Shakespeare's Naughty Bits" class from a few years back. Yes, even more sex, jealousy, violence & revenge! Some old favorites will return by popular demand and this one time only session will end with a rousing game of "Bards Dispense Profanity!" If you enjoy layer upon layer of triple-cross dressing sexual confusion,

withering shade and oodles of jokes about Elizabethan junk then hoist your farthingales and come on by. Dame Judi Dench says "This class is the shit!"

- Th 10:15am-12:15pm @ the Theatre
- No theatre or performing experience necessary.
- o All texts & materials provided.
- Come early as class size is limited.
- Bring: A sense of humor and awareness that the subject matter can contain extreme violent themes, frank adult content, and is not even vaguely politically correct.

# theatre: spoken wordshop

with Patrick Goodnow "Let the words be your guide..."
Join Patrick for an exploration of techniques for presenting text from any source with confidence, simplicity, and passion. Though some samples will be provided, please feel free to bring and share your favorite prose, poetry, original work, and/or text from any source. The workshop will include both direct coaching and feedback from participants.

- o W/F 10:15am-12:15pm @ the Theatre
- No theatre or performing experience necessary.
- Come early as class size is limited.
- Bring: materials for writing/notetaking along with material/texts that you would like to work on

tie-dye with Tiffany Pawlyk Your imagination is your only limit to a colorful & creative Camp souvenir in this traditional summercamp craft. Under Tiffany's expert guidance, you'll learn how to show off your artistic skills by turning a white or light-colored 100% cotton item into a colorful, one-of-a-kind work of art... Groovy, man!

- Daily 1:45-3:15pm & 3:30-5:00pm @ the Art Barn [No class Thursday at 3:30pm due to Tea Dance]
- Bring: 100% cotton white or lightcolored t-shirts, pillowcases, underwear, socks, etc. to dye

- Please note that everyone will initially be limited to working on 1-2 t-shirt-sized items until everyone who would like to tiedye something has had a chance to do so.
- A limited supply of white t-shirts for tie-dying will be available for purchase from Tiffany in the Art Barn and in the Camp Store, chargeable to your Cashless 'Camp' Camp account.
- Wear: grubby clothes (dyes can splash, y'know...!)

**volleyball** with Nick D'Andrea Brush up or learn new skills in a morning Volleyball Clinic, then put them to use during one of the popular pick-up games before dinner... "Spike it, Peaches!"

- Clinics: Daily 10:15am-12:15pm@ the Volleyball Court
- Games: M/Tu/W/F 5:00-6:00pm
   @ the Volleyball Court
- o All skill levels welcome.

waterfront with Vickers,
Betsy Carolan, Chelsea Slovinski,
Michelle Rediker, Sam Jack,
Tony Julian & Tyson Hunt
Instruction and free time for
swimming, sailing, kayaking, and
canoeing. Or just bring a novel,
relax on the sand beach or docks,
and chat with a new friend. If
you're lucky, you might even catch
an impromptu water ballet or two...

- Daily 1:45-5:00pm (Closes at 3:30pm on Thursday for Tea Dance.)
- Canoes, kayaks, and sailboats also available for sign out (based on availability) anytime the Waterfront is open through any on-duty Lifeguard. Personal flotation device (provided) is <u>REQUIRED</u> when using any watercraft.
- See separate listings for Morning Swim and Swimming Lessons.
- See separate listings for Canoeing & Kayaking, Night Paddles, and Sailing for details on canoe and sailing lessons, guided lake tours, etc.
- The Waterfront is unavailable for swimming & watercraft use at all other times not listed above.

Writing with Elaine Beale
Have you ever wanted to be a
writer? Don't think you can do it?
This is your chance! Drop by for a
day or two, or spend the whole
week with published novelist
Elaine Beale, and learn how to get
thoughts and words onto paper.
You will share your work in a
positive, reaffirming setting...or
even develop a piece you could
perform at the Talent/No Talent
show! Give it a try...you may be
surprised at what you can do.

- o Daily 10:15am-12:15pm @ the Library
- Bring: your willingness to try and an open mind; paper and pens/pencils will be provided.

yoga with Rich Becker
A series of postures and
movements which stretch and tone
the body, developing strength,
balance, and flexibility, performed
slowly and deliberately while
focusing on the breath and
quieting the mind. While most
appropriate for beginners, the
class can also be enjoyed by those
with a more advanced yoga
practice. Mind, Body, Spirit.

- Daily 7:00-8:30am & 3:30 5:00pm @ Kansas [No class on Thursday at 3:30pm]
- 7:00am class will be a gentler, wake-up class, while the 3:30pm sessions will be more creative based on attendees.
- Mats and props are provided or bring your own.
- Wear: athletic/work-out clothes that allow for good freedom of movement; yoga is practiced in bare feet